

Use of English: Grammar

1 Complete the dialogue with the correct form of the verbs given.

A: You're not on a diet again, are you?

B: If I want to wear those new jeans to the party on Saturday, I **(1)** _____ (have to) lose a couple of pounds.

A: But you're so slim already! If I **(2)** _____ (look) like you, I wouldn't want to lose weight.

B: Thanks. Well, if I hadn't watched my weight when I was younger, I **(3)** _____ (be) a lot heavier now.

A: But don't you think we care too much about what we weigh these days? It's not really healthy, is it?

B: I think people have to be careful. If we eat too much processed food and things that are high in salt, then we **(4)** _____ (become) obese and unhealthy. It's a matter of balance.

A: That's true. I wish I **(5)** _____ (eat) that chocolate bar at break. You're making me feel guilty now!

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2 Complete the sentences with the correct alternatives.

1 **A:** Are you feeling better now?

B: Well, if I weren't feeling better, I didn't/wouldn't have come to school.

2 If I hadn't eaten/didn't eat that last piece of chocolate cake, I wouldn't be feeling so sick now.

3 I'll stay at home in case Jane will phone/phones me from the hospital.

4 I wish they wouldn't keep/don't keep on putting these hospital dramas on TV. They're really depressing.

5 If only I have/had a fast car. I could drive to London in half an hour.

/5

3 Rewrite these sentences using the word given. Do not change the word given.

1 If you don't do warm-up exercises, you'll get a sprained muscle.

UNLESS

You _____.

2 I was cold last night because I turned the heating off.

BEEN

If _____.

3 I didn't go to bed early last night and now I'm tired.

WISH

I _____.

4 I like vegetarian food, and that's why I've come to this restaurant.

DIDN'T

If _____.

5 I haven't got a driving licence, so I can't drive Dad's car.

WOULD

If _____.

/5

- 4 Complete the email with one word in each gap.

Hi Connie,

Thanks for your email. It was really good to hear from you! (1) _____ you say about the new medical centre they're building near you is interesting. I think it will be great to have a big centre like that as (2) _____ as it isn't too big. If it's enormous, then people will never see the same doctor and they'll lose that personal relationship, which I think is so important. On the other hand, with a bigger centre they'll be (3) _____ to provide more advanced treatments without having to send people to hospitals. I wish they'd rebuild our local doctors' surgery. It's tiny! And if you want an appointment, you have to book two weeks in advance, if you're lucky! I hate (4) _____ to the doctor's anyway, and it's even worse when you have to wait in a small room, crowded with people who are coughing and sneezing. I think they should computerise things more too. If they (5) _____ that, people wouldn't always need to physically visit a doctor. They could talk to him or her online via a webcam, and that would save a lot of time and money. What do you think?

Write soon!

Mark

15

Use of English: Vocabulary

- 5 Reorder the letters to find parts of the body.

- 1 KELNA _____
- 2 VIRLE _____
- 3 ETHRA _____
- 4 YINKED _____
- 5 NUSGL _____

15

- 6 Choose the correct alternatives to complete the sentences.

- 1 Katy's going into hospital next week to ___ an operation.
 A take
 B have
 C make
- 2 I've ___ an infection in the cut on my leg and I have to see the doctor.
 A taken
 B received
 C got
- 3 Eating fatty foods ___ the risk of a heart attack considerably.
 A makes
 B increases
 C progresses
- 4 While I was playing football, I fell and ___ my shoulder.
 A suffered
 B shivered
 C dislocated
- 5 The doctor ___ me a prescription for some antibiotics.
 A gave
 B took
 C had

15

- 7 Complete the second sentence so it means the same as the first, using the word given. Do not change the word given. Use between two and five words.
- 1 You'll be completely better tomorrow, I'm sure of it.
RAIN
You'll be _____ tomorrow, I'm sure of it.
- 2 I'm sorry to hear that you're not feeling very well at the moment.
WEATHER
I'm sorry to hear that you're _____ at the moment.
- 3 Everyone's catching this flu bug really quickly.
FLIES
Everyone's _____ because of this flu bug.
- 4 After the accident, Jenny lost consciousness for a few minutes.
OUT
After the accident, Jenny _____ for a few minutes.
- 5 My mum does a lot of exercise classes to stay fit.
SHAPE
My mum does a lot of exercise classes _____.

/5

- 8 Complete the text with words formed from the words given.
- A lot of people these days decide not to go to the doctor's when they're feeling ill but decide to try an (1) _____ (alternate) therapy instead. My mum has a stomach problem and she was fed up with getting prescriptions and regular (2) _____ (inject) from the doctor. He also gave her a lot of painkillers, and she was worried about getting addicted to them. So she went to see an acupuncturist, a Chinese woman who put needles in different places on her body. Sounds strange, but Mum is convinced that it was (3) _____ (succeed). The acupuncturist also told her to avoid processed food and to eat a (4) _____ (balance) diet. Mum's now got lower blood pressure and is feeling much better. Some people say that the (5) _____ (treat) from these therapists is basically psychological, and your mind makes you believe that you're feeling better. But if so, that's got to be a good thing hasn't it?

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Reading

- 9 Read the article. Choose the correct alternatives to complete the sentences.

The twenty-first century seems to have brought with it a whole range of new medical problems. Many of these are related to our increased use of technology. For example, there are now several problems connected with using computers and mobile phones. Certain parts of our body ache because they are overused, like thumbs from too much texting, eyes from peering at small screens repeatedly, elbows because of lifting phones to our ears and our ears from the increased volume of music we constantly listen to on MP3 players and at clubs. We are getting more ear infections because we share headphones. The list goes on and on. However, one of the biggest dangers to health today is not a direct result of technology but it is definitely related to it. That is stress.

Stress has always been with us. The feeling of being overwhelmed and unable to control aspects of our lives seems to have been part of the human condition forever. But experts say that stress levels, and health problems caused by stress, have gone up alarmingly in recent years. One reason for this is that technology has speeded up our lives dramatically. Everything can happen instantly: