

ENGLISH FILE			
	syn =		
FILE 1			
Useful words and phrases			
context <i>n</i>	/ˈkɒntekst/	Can you work out the meaning of this word from the context of the sentence?	Kontext
star <i>v</i>	/stɑː/	He has starred in many successful films.	die Hauptrolle spielen
wasp <i>n</i>	/wɒsp/	I was stung by a wasp in a market when I was six.	Wespe
rub <i>v</i>	/rʌb/	You should rub some cream into your wasp sting.	(ein-)reiben
despise <i>v</i>	/dɪˈspaɪz/	Which living person do you most despise , and why?	geringschätzen, verachten
		despicable (adj.) = abscheulich, verachtenswert	
I wonder	/aɪ ˈwʌndə/	I wonder why he didn't come to the party.	ich frage mich
intonation <i>n</i>	/ˌɪntəˈneɪʃn/	Use friendly intonation when you speak to new people.	Intonation
react (to) <i>v</i>	/rɪˈækt/	React to your partner's answers.	reagieren
vegan <i>n</i>	/ˈviːɡən/	A vegan doesn't eat meat, fish, or any animal products.	Veganer(in)
extreme <i>adj</i>	/ɪkˈstriːm/	Bungee jumping is an extreme sport – not everyone would enjoy it.	extrem
bizarre <i>adj</i>	/bɪˈzɑː/	They asked some bizarre questions in the job interview.	seltsam
deadly <i>adj</i>	/ˈdedli/	The police charged him with possession of a deadly weapon.	tödlich
candidate <i>n</i>	/ˈkændɪdət/	He wasn't impressed with the first candidate he interviewed.	Bewerber(in)
approach (to) <i>n</i>	/əˈprəʊtʃ/	The new approach to selecting candidates comes from Silicon Valley.	Ansatz, Methode
demanding <i>adj</i>	/dɪˈmɑːndɪŋ/	It was a very demanding job interview process.	anspruchsvoll
cruel <i>adj</i>	/ˈkruːəl/	Some interviewers can be extremely cruel to jobseekers.	schrecklich, grausam
recruitment agency <i>n</i>	/rɪˈkrʊːtmənt ˈeɪdʒənsi/	He works for a recruitment agency as a headhunter.	die Personalagentur
essentially <i>adv</i>	/ɪˈsenʃəli/	Essentially , we use this interview technique to find people who can handle stress.	grundsätzlich
specialist <i>adj</i>	/ˈspeʃəlɪst/	He works for a specialist company that makes luxury chocolates.	spezialisiert
terraced house <i>adj + n</i>	/ˈterəst/	Our house is the middle one of three terraced houses .	Reihenhaus
		detached house = Einfamilienhaus semi-detached house = Doppel-einfamilienhaus	
estate agent <i>n</i>	/ɪsˈteɪt ˈeɪdʒənt/	The estate agent showed us around the house.	Immobilienmakler(in)
drag <i>v</i>	/dræg/	If you drag that chair across the floor it will make a loud noise.	(mit Mühe) ziehen, schleifen,
odd <i>adj</i>	/ɒd/	Your neighbour looks really odd .	eigenartig
weird <i>adj</i>	/wɪəd/	It's really weird that there's no one at home at this time of day.	merkwürdig
legible <i>adj</i>	/ˈledʒəbl/	Your signature is pretty legible .	leserlich
		illegible = unlesbar unreadable = illegible; of a book: too complicated to read	
horizontal <i>adj</i>	/ˌhɒrɪˈzɒntl/	He writes his signature in a straight line – it's horizontal .	horizontal

stable <i>adj</i>	/ˈsteɪbl/	Are you an emotionally stable person?	stabil
good-tempered <i>adj</i>	/ˌɡʊd ˈtempəd/	My mum is very good-tempered .	ausgeglichen
open-minded <i>adj</i>	/ˌəʊpən ˈmaɪndɪd/	Psychotherapists need to be open-minded .	aufgeschlossen
narrow-minded <i>adj</i>	/ˌnæərəʊ ˈmaɪndɪd/	The people who live here are judgemental and narrow-minded .	engstirnig
absent-minded <i>adj</i>	/ˌæbsənt ˈmaɪndɪd/	She's so absent-minded – she's always forgetting things.	zerstreut
easy-going <i>adj</i>	/iːziˈɡəʊɪŋ/	My husband is really easy-going and calm.	gelassen
laid-back <i>adj</i>	/ˌleɪd ˈbæk/	I'm really laid-back – nothing bothers me usually.	entspannt
fairly / quite / rather / pretty <i>adv</i>	/ˈprɪti/	My sister is pretty bad-tempered.	ziemlich
		fairly = not really the best quite = not bad, positive rather/pretty = more than expected	
whip <i>n + v</i>	/wɪp/	Most of the horse riders carried whips .	Peitsche
		to crack a whip = mit der Peitsche knallen whiplash = Peitschenhieb; Schleudertrauma	
More words in File 1			
car-jacking <i>n</i>	/ˈkɑːdʒækɪŋ/	Car-jacking is a common crime in this country.	räuberischer Angriff auf Autofahrer
overuse <i>v</i>	/ˌəʊvəˈjuːz/	Which words or phrases do you most overuse ?	übermäßig verwenden
Emmy (Award) <i>n</i>	/ˈemi/	She won an Emmy Award for her role in Mad Men.	Emmy (amerikanischer)
backyard <i>n</i>	/ˌbækˈjɑːd/	There's a vegetable garden in our backyard .	Hinterhof
cheesy <i>adj</i>	/ˈtʃiːzi/	If something is cheesy it is emotional or romantic in an embarrassing way.	kitschig
jasmine <i>n</i>	/ˈdʒæzmiːn/	I grew up in Los Angeles and there was always jasmine growing.	Jasmin
dinosaur <i>n</i>	/ˈdaɪnəsɔː/	Tyrannosaurus rex was the fiercest dinosaur .	Dinosaurier
merely <i>adv</i>	/ˈmiəli/	We need to separate the brilliant candidates from the merely very good.	lediglich, nur
flap <i>v</i>	/flæp/	Flap your arms and you will look like a chicken.	flattern, schlagen
headhunter <i>n</i>	/ˈhedhʌntə/	A headhunter finds people with the necessary skills to work for a company.	Headhunter
flustered <i>adj</i>	/ˈflʌstəd/	He does well in interviews because he's not easily flustered .	aufgeregt
		to fluster sb = jem verwirren, nervös machen be in a fluster = aufgeregt sein	
crush <i>v</i>	/krʌʃ/	We're not trying to crush candidates with the interview process.	zermürben
paranormal <i>n</i>	/ˌpærəˈnɔːml/	What connection do the photos have with the paranormal ?	paranormal
mystified <i>adj</i>	/ˈmɪstɪfaɪd/	He was mystified by the strange noises.	verwirrt, vor einem Rätsel stehend
clairvoyant <i>n</i>	/ˌkleəˈvɔɪənt/	My great-aunt was a clairvoyant and could predict the future.	Hellseher(in), Wahrsager(in)
		syn = psychic, soothsayer	
fortune telling <i>n</i>	/ˈfɔːtʃuːn ˈtelɪŋ/	I don't believe in fortune telling .	Wahrsagerei
spooky <i>adj</i>	/ˈspuːki/	I dreamt I saw a ghost last night – it was a really spooky dream.	unheimlich
UFO <i>n</i>	/ˌjuː ef ˈəʊ/	I don't believe you really saw a UFO .	UFO
go clubbing <i>v</i>	/ɡəʊ ˈklʌbɪŋ/	I love to go clubbing with my friends till the early morning.	in die Disco gehen
faith healer <i>n</i>	/feɪθ ˈhiːlə/	She visited a faith healer to try and help her with her problems.	Wunderheiler(in)
psychic <i>adj</i>	/ˈsaɪkɪk/	Use your psychic instinct to predict the future.	psychisch
		ant = physical = physisch, körperlich	
signature <i>n</i>	/ˈsɪɡnətʃə/	What does your signature say about you?	Unterschrift
		autograph = Autogramm	
graphology <i>n</i>	/ɡræˈfɒlədʒi/	Graphology is when you analyse someone's personality based on their handwriting.	Graphologie, Handschriftendeutung
astrology <i>n</i>	/əˈstrɒlədʒi/	Astrology involves analysing the position of the sun, moon, and stars.	Astrologie, Sterndeutung

evolve <i>v</i>	/i'vɒlv/	As time goes on you will evolve as a person.	sich entwickeln
disheartened <i>adj</i>	/dɪs'hɑ:tnd/	Don't get disheartened if you fail your driving test the first time.	entmutigt
tight-fisted <i>adj</i>	/taɪt 'fɪstɪd/	My aunt is really tight-fisted – she never buys Christmas presents.	geizig
		syn = mean, stingy, avaricious, miserly Geizhals = scrooge, miser, cheapskate	
two-faced <i>adj</i>	/tu: 'feɪst/	My boss is so two-faced – he says one thing to me and another behind my back.	doppelzüngig, falsch
strong-willed <i>adj</i>	/strɒŋ wɪld/	My son is strong-willed so it's difficult to stop him doing what he wants.	willensstark
self-centred <i>adj</i>	/self 'sentəd/	She always thinks about herself – she's so self-centred .	egozentrisch
FILE 2			
Vocabulary bank (illnesses &			
cough <i>n</i>	/kɒf/	He has a nasty cough that keeps him awake at night.	Husten
headache <i>n</i>	/ˈhedɪk/	If you have a headache take some paracetamol.	Kopfschmerzen
		have a headache (now) have/suffer from headaches (often) adj = bad, splitting	
earache <i>n</i>	/ˈɪəreɪk/	I have an earache and it's really painful.	Ohrenschmerzen
stomach ache <i>n</i>	/ˈstʌmək eɪk/	I've eaten too much and now I've got stomach ache .	Magenschmerzen
toothache <i>n</i>	/ˈtu:θeɪk/	If you have toothache you should go to see the dentist.	Zahnschmerzen
rash <i>n</i>	/ræʃ/	One of the symptoms of measles is a red rash .	Ausschlag
(have a high) temperature <i>n</i>	/ˈtemprətʃə/	I've got a high temperature and I feel feverish.	(hohes) Fieber haben
sunburn <i>n</i>	/ˈsʌnbɜ:n/	Don't stay out in the sun too long or you will get sunburn .	Sonnenbrand
be sick <i>v</i>	/bi sɪk/	I feel terrible – I think I'm going to be sick .	sich erbrechen
vomit <i>v</i>	/ˈvɒmɪt/	Some people vomit when they travel by boat in rough seas.	erbrechen
		syn = throw up, puke [colloquial]	
sneeze <i>v</i>	/sni:z/	Cat hair makes me sneeze .	niesen
swell (swelled, swollen) <i>v</i>	/swel/	This bee sting is starting to swell .	anschwellen
hurt <i>v</i>	/hɜ:t/	Does your back hurt after driving so long?	schmerzen
ache <i>n</i>	/eɪk/	It's common to have an ache in your side if you have a kidney stone.	Schmerz
bleed (bled, bled) <i>v</i>	/bli:d/	A cut finger can sometimes bleed for a long time.	bluten
(have a) sore throat <i>n</i>	/sɔ θrəʊt/	I can't talk too long because I have a sore throat .	Halsschmerzen (haben)
diarrhoea <i>n</i>	/daɪəˈriə/	I had diarrhoea last night and had to go to the toilet six times.	Durchfall
faint <i>v</i>	/feɪnt/	I faint when I see blood.	ohnmächtig werden
		syn = to pass out, to black out, to become unconscious, to lose consciousness	
blister <i>n</i>	/ˈblɪstə/	You will get a blister if you wear shoes that are too tight.	Blase
(have a) cold <i>n</i>	/kəʊld/	I get at least one cold every winter.	Erkältung (haben)
(have) flu <i>n</i>	/flu:/	My teacher has flu and hasn't been at school all week.	Grippe (haben)
dizzy <i>adj</i>	/ˈdɪzi/	If I don't eat enough I feel dizzy .	schwindelig

swallow <i>v</i>	/ˈswɒləʊ/	Does it hurt when you swallow food?	schlucken
lose consciousness <i>v</i>	/luːz ˈkɒnfəsnəs/	Call an ambulance – I think he's going to lose consciousness .	das Bewusstsein verlieren
spin (spun, spun) <i>v</i>	/spɪn/	I saw the room spin and then I fainted.	sich drehen
unconscious <i>adj</i>	/ʌnˈkɒnfəs/	She was unconscious so I phoned an ambulance.	bewusstlos
allergic reaction (to) <i>n</i>	/əˈlɜːdʒɪk riˈækʃn/	I had an allergic reaction to the medicine I was given.	allergische Reaktion
twist <i>v</i>	/twɪst/	Watch out – you don't want to twist your ankle.	verdrehen
sprain <i>v</i>	/spreɪn/	I don't play tennis because I'm afraid I might sprain my wrist/ankle.	verstauchen
(high / low) blood pressure <i>n</i>	/ˈblʌd preʃə/	My grandmother has high blood pressure and takes medication for it.	(hoher / niedriger) Blutdruck
food poisoning <i>n</i>	/ˈfuːd pɔɪzənɪŋ/	I ate some mussels and they gave me food poisoning .	Lebensmittelvergiftung
choke <i>v</i>	/tʃəʊk/	Be careful not to choke on that boiled sweet.	sich verschlucken
burn (burnt, burnt) <i>v</i>	/bɜːn/	Don't touch that pan – it will burn you.	(sich) verbrennen
spill (spilt, spilt) <i>v</i>	/spɪl/	Be careful with that medicine – don't spill it.	verschütten
		idiom: There's no use crying over spilt milk = was geschehen ist, ist geschehen	
plaster <i>n</i>	/ˈplɑːstə/	My mum put a plaster on my cut.	Pflaster
antiseptic cream <i>n</i>	/ˌæntiˈseptɪk kriːm/	She cleaned the cut with antiseptic cream .	antiseptische Creme
(need/have) stitches <i>n pl</i>	/ˈstɪtʃɪz/	I needed stitches for the cut on my head.	Stiche, (genäht werden)
infection <i>n</i>	/ɪnˈfekʃn/	If you get an infection you will need to take antibiotics.	Infektion
painkiller <i>n</i>	/ˈpeɪnkɪlə/	After the operation you will need to take a painkiller for a few days.	Schmerzmittel
antibiotic <i>n</i>	/ˌæntɪbaɪˈɒtɪk/	The doctor gave me an antibiotic for my ear infection.	Antibiotikum
ice <i>n</i>	/aɪs/	Put ice on a black eye to keep the swelling down.	Eis
		black ice = Glatteis black eye = blaues Auge	
		idiom: to walk/tread/skate on thin ice = sich auf dünnem Eis bewegen	
tablet <i>n</i>	/ˈtæblət/	Take one tablet before you go to sleep.	Tablette
lie down <i>v</i>	/ˌlaɪ ˈdaʊn/	Please lie down on the couch.	sich hinlegen
come round <i>v</i>	/kʌm raʊnd/	If you pour cold water on his face he might come round .	wieder zu sich kommen
get over <i>v</i>	/ɡet ˈəʊvə/	It often takes a long time to get over flu.	etwas überstehen, sich erholen von
		syn = to recover from (an illness)	
Vocabulary bank (clothes &			
style <i>n</i>	/stɑɪl/	Good dressers have their own style .	Stil
loose <i>adj</i>	/luːs/	He was wearing a loose linen suit.	locker
tight <i>adj</i>	/taɪt/	She was wearing a tight lycra skirt.	eng
hooded <i>adj</i>	/ˈhʊdɪd/	Lots of teenagers like to wear hooded tops.	Kapuzen-
long sleeved <i>adj</i>	/lɒŋ sliːvd/	I wore a blue long sleeved shirt.	langärmelig
sleeveless <i>adj</i>	/ˈsliːvləs/	I wore a sleeveless dress to the wedding.	ärmellos
V-neck <i>adj</i>	/ˈviː nek/	He always wears a V-neck jumper over his shirts.	V-Ausschnitt
checked <i>adj</i>	/tʃekt/	I wore a checked shirt to the party.	kariert
patterned <i>adj</i>	/ˈpætənd/	She wore a patterned skirt with flowers on.	gemustert
plain <i>adj</i>	/pleɪn/	I tried on a plain blue top.	einfarbig
spotted <i>adj</i>	/ˈspɒtɪd/	She wore a pink and white spotted dress to the party.	gepunktet
striped <i>adj</i>	/ˈstraɪpt/	I wore a blue and white striped T-shirt on the beach.	gestreift
cotton vest <i>n</i>	/ˈkɒtn vest/	I always wear a cotton vest under my clothes in winter.	Baumwollunterhemd

denim waistcoat <i>n</i>	/ˈdenɪm ˈweɪs(t)kəʊt/	<i>I saved up to buy a denim waistcoat.</i>	Jeansweste
fur collar	/fɜː ˈkɒlə/	<i>I love that coat with the fur collar.</i>	Pelzkragen
lace top <i>n</i>	/leɪs tɒp/	<i>I wore a black lace top on our first date.</i>	Spitzenoberteil
linen suit <i>n</i>	/ˈlɪnɪn suːt/	<i>He wore a beige linen suit at the wedding.</i>	Leinenanzug
lycra swimsuit <i>n</i>	/ˈlaɪkrə ˈswɪmsuːt/	<i>I bought myself a new lycra swimsuit.</i>	Badeanzug aus Lycra
silk scarf <i>n</i>	/sɪlk skɑːf/	<i>That's a beautiful silk scarf.</i>	Seidenschal
velvet bow tie <i>n</i>	/ˈvelvɪt bæʊ tʌɪ/	<i>There is a velvet bow tie in my wardrobe.</i>	Samtfliege
wool(len) cardigan <i>n</i>	/ˈwʊlən ˈkɑːdɪɡən/	<i>My nan knitted me a blue woollen cardigan.</i>	wollene Strickjacke
leather sandals <i>n</i>	/ˈleðə ˈsændlɪz/	<i>He wore brown leather sandals every day on his holiday.</i>	Ledersandalen
suede boots <i>n</i>	/sweɪd buːts/	<i>I bought myself some lovely brown suede boots.</i>	Wildlederstiefel
fashionable <i>adj</i>	/ˈfæʃnəbl/	<i>Long skirts are really fashionable this summer.</i>	modern
old-fashioned <i>adj</i>	/əʊld ˈfæʃənd/	<i>My grandfather always wears very old-fashioned clothes.</i>	altmodisch
scruffy <i>adj</i>	/ˈskrʌfi/	<i>My teenage brother always looks really scruffy and dirty.</i>	ungepflegt
smart <i>adj</i>	/smɑːt/	<i>You need to look smart when we go out for dinner tonight.</i>	elegant
stylish <i>adj</i>	/ˈstaɪlɪʃ/	<i>That's a really stylish dress.</i>	modisch
trendy <i>adj</i>	/ˈtrendi/	<i>She always looks really trendy.</i>	modisch
dress up <i>v</i>	/dres ʌp/	<i>I'm going to dress up tonight.</i>	sich fein machen
hang up <i>v</i>	/ˈhæŋ ʌp/	<i>Please hang up your coat.</i>	aufhängen
fit <i>v</i>	/fɪt/	<i>These jeans don't fit me.</i>	passen (Grösse)
		suit = passen (makes you look good) match/go with = passen (attractive combination)	
get dressed <i>v</i>	/get drest/	<i>Get up and get dressed.</i>	sich anziehen
		ant = take off = ausziehen	
Useful words and phrases			
(give) first aid <i>n</i>	/ˈfɜːst ˈeɪd/	<i>Have you ever had to give first aid to anyone?</i>	Erste Hilfe (leisten)
medical <i>adj</i>	/ˈmedɪkl/	<i>Would you know what to do in a medical emergency?</i>	medizinisch
treat <i>v</i>	/triːt/	<i>What's the best way to treat a nosebleed?</i>	behandeln
wound <i>n</i>	/wuːnd/	<i>Wash the wound under running water.</i>	Wunde
medicine <i>n</i>	/ˈmedsn/	<i>You haven't taken your medicine yet.</i>	Medikament
operation <i>n</i>	/ˌɒpəˈreɪʃn/	<i>Have you ever had an operation?</i>	Operation
X-ray <i>n</i>	/ˈeks reɪ/	<i>He had an X-ray to see if he had broken his leg.</i>	Röntgenaufnahme
injection <i>n</i>	/ɪnˈdʒekʃn/	<i>I had an injection to take the pain away.</i>	Spritze
cholesterol <i>n</i>	/kəˈlestərl/	<i>The doctor did a test to find out my cholesterol level.</i>	Cholesterin
blood test <i>n</i>	/ˈblʌd test/	<i>The doctor sent me for a blood test at the hospital.</i>	Blutuntersuchung
recommend (doing sth) <i>v</i>	/ˌrekəˈmend/	<i>What kinds of websites does she recommend?</i>	empfehlen
diagnosis <i>n</i>	/ˌdaɪəˈɡnəʊsɪs/	<i>The doctor gave me the wrong diagnosis.</i>	Diagnose
(feel) under the weather	/ˈʌndə ðə ˈweðə/	<i>A few weeks ago I was feeling under the weather.</i>	(sich) unwohl (fühlen)
heart rate <i>n</i>	/hɑːt reɪt/	<i>She told me that my heart rate was a bit fast.</i>	Herzschlag
surgery <i>n</i>	/ˈsɜːdʒəri/	<i>I was told that I needed heart surgery.</i>	Eingriff, Operation
pulse <i>n</i>	/pʌls/	<i>Since my trip to hospital I've been obsessively checking my pulse.</i>	Puls
life-threatening <i>adj</i>	/ˈlaɪf θretnɪŋ/	<i>I convinced myself that I had a life-threatening illness.</i>	lebensbedrohlich
mouth ulcer <i>n</i>	/maʊθ ˈʌlsə/	<i>I have a painful mouth ulcer on the end of my tongue.</i>	Aphthe

alternative remedy <i>n</i>	/ɔ:'lʌtɜ:nə'tɪv 'remədi/	I used an alternative remedy – a herbal barrier cream – to cure my hayfever.	Arzneimittel der Alternativmedizin
miracle cure <i>n</i>	/'mɪrəkl kjuə/	Some homeopathic remedies claim to be a miracle cure .	Wundermittel
bacteria <i>n</i>	/bæk'tɪəriə/	Lots of illnesses are caused by bacteria .	Bakterien
virus <i>n</i>	/'vaɪrəs/	Colds are caused by a virus .	Virus
typical (of) <i>adj</i>	/'tɪpɪkl/	A typical image of an old person is someone with a walking stick waiting at a bus stop.	typisch (für)
damage (to) <i>n + v</i>	/'dæmɪdʒ/	You'll damage your teeth if you try to open that bottle with them.	Schaden (an); schädigen, schaden
wrinkled <i>adj</i>	/'rɪŋkld/	That old lady has really wrinkled skin.	faltig
false teeth <i>n pl</i>	/fɔ:ls ti:θ/	My grandmother wears false teeth .	Gebiss
grey wig <i>n</i>	/greɪ wɪɡ/	I wore a grey wig to make myself look older.	graue Perücke
contact lenses <i>n pl</i>	/'kɒntækt lenzɪz/	I don't like wearing glasses so I wear contact lenses .	Kontaktlinsen
break down <i>v</i>	/'breɪk daʊn/	I might break down and cry if you ask me about when my grandma died.	zusammenbrechen
		cars, marriages and love break down	
go through <i>v</i>	/gəʊ θr:u/	Teenagers often go through a lot of difficult times.	durchmachen
deal with <i>v</i>	/di:l wɪð/	Could you deal with the problems of old age?	fertig werden mit
role <i>n</i>	/rəʊl/	Playing the role of an old person made me feel emotional.	Rolle
deaf <i>adj</i>	/def/	Lots of old people become deaf .	taub, schwerhörig
ambulance <i>n</i>	/'æmbjələns/	An ambulance arrived to take the injured people to hospital.	Krankenwagen
allow (sb to do sth) <i>v</i>	/ə'laʊ/	They won't allow you to visit the hospital until the evening.	erlauben
		be allowed to do sth = dürfen	
More words in file 2			
lean (leant, leant) <i>v</i>	/li:n/	Should I lean my head forwards or backwards if I have a nosebleed?	neigen
press <i>v</i>	/pres/	Press on the wound to stop the bleeding.	(auf etw.) drücken
cover <i>v</i>	/'kʌvə/	Cover the wound with a clean bandage.	abdecken
pinch <i>v</i>	/pɪntʃ/	Pinch the soft part of the nose.	zusammendrücken
support <i>v</i>	/sə'pɔ:t/	Put something under your leg to support it.	(unter)stützen; helfen
plastic <i>adj</i>	/'plæstɪk/	If you haven't got a bandage you can use a clean plastic bag.	Plastik
cloth <i>n</i>	/kloθ/	Use a piece of clean cloth as a bandage.	Stoff
develop <i>v</i>	/dɪ'veləp/	Wait for a few days and see how your symptoms develop .	sich entwickeln
software <i>n</i>	/'sɒftweə/	My brother has just started a new job with a software company.	Software
hypochondriac <i>n</i>	/'haɪpə'kɒndrɪæk/	My uncle always thinks he's ill – he's such a hypochondriac .	Hypochonder
cyberchondriac <i>n</i>	/'saɪbə'kɒndrɪæk/	A cyberchondriac researches symptoms online.	Cyberchonder
reveal <i>v</i>	/'ri:vi:l/	This study could reveal a serious problem.	enthüllen, aufzeigen
discriminate (between) <i>v</i>	/dɪ'skrɪmɪneɪt/	Online information often doesn't discriminate between common and very rare conditions.	unterscheiden
		to discriminate (against) = benachteiligen, diskriminieren	
rare <i>adj</i>	/reə/	He's suffering from a very rare condition that is hard to treat.	selten
confession <i>n</i>	/kən'feɪn/	I have a confession to make – I've lost the handbag you gave me.	Geständnis, Beichte
technical term <i>n</i>	/'teknɪkl/	What's the technical term for a fast heart rate?	Fachbegriff
consolation <i>n</i>	/'kɒnsə'leɪʃn/	The only consolation for this condition is that I'm in good company.	Trost
		verb = to console sb = jem trösten syn = to comfort sb, to soothe sb	
relate to <i>v</i>	/'ri:leɪtɪd/	A lot of website searches are related to health.	sich beziehen auf, betreffen
		syn = to refer to (referred)	

scenario <i>n</i>	/sə'na:riəʊ/	What's the worst-case scenario ?	Szenario
tumour <i>n</i>	/tju:mə/	A brain tumour develops in fewer than one in 50,000 people.	Tumor
assume <i>v</i>	/ə'sju:m/	Many people assume that what they read on the internet is fact.	annehmen
create <i>v</i>	/kri'eɪt/	Did you create this report using information from the internet?	erstellen
remove <i>v</i>	/rɪ'mu:v/	Once something has been put up on the internet it's difficult to remove .	entfernen
actually <i>adv</i>	/l'æktʃuəli/	So-called 'miracle cures' may actually do you harm.	in Wirklichkeit
harm <i>n</i>	/hɑ:m/	Some medicines bought online may do you harm .	schaden
GP (general practitioner) <i>n</i>	/dʒi: 'pi:/	After days of intensive internet diagnosis, I finally went to see my GP .	Hausarzt
A&E (Accident and Emergency) <i>n</i>	/eɪ ən i:/	They sent me to A&E for some tests.	Notaufnahme
ECG machine <i>n</i>	/i: si: 'dʒi: mə'ʃi:n/	What if the ECG machine was faulty?	EKG-Gerät
scare story <i>n</i>	/skeə 'stɔ:ri/	Do you believe every scare story you read?	Horrorgeschichte
painful <i>adj</i>	/l'peɪnfl/	This blister is really painful .	schmerzhaft
herbal <i>adj</i>	/l'hɜ:bl/	He's a strong believer in herbal medicine.	Kräuter-
involve (doing) <i>v</i>	/ɪn'vɒlv/	Will the treatment involve taking many medicaments?	beinhalten, bedeuten
apart from	/ə'pɑ:t frəm/	Apart from the symptoms you described, do you feel well?	abgesehen von
wise <i>adj</i>	/waɪz/	My grandfather is a wise man and gives really good advice.	weise
elderly <i>adj</i>	/l'eldəli/	Elderly people often feel lonely.	älter
adventurous <i>adj</i>	/əd'ventʃərəs/	My mum is really adventurous and is always going on holiday to strange places.	abenteuerlustig
clumsy <i>adj</i>	/l'klʌmzi/	I'm so clumsy – I'm always breaking things.	ungeschickt
(un)enthusiastic (about) <i>adj</i>	/ʌnɪn.θju:zi'æstɪk/	He was really unenthusiastic about going to the theatre.	(wenig) begeistert
vulnerable <i>adj</i>	/l'vʌlnərəbl/	Old people living on their own can feel quite vulnerable .	verletzlich
conform (to) <i>v</i>	/kən'fɔ:m/	Do you know people in that age group who don't conform to stereotypes?	entsprechen
trade <i>v</i>	/treɪd/	Would you like to trade places with an old person for a day?	tauschen
documentary <i>n</i>	/l.dɒkiu'mentri/	She appeared in a TV documentary about old people.	Dokumentarfilm
synthetic <i>adj</i>	/sɪn'θetɪk/	They were given synthetic wrinkled skin.	künstlich
ignore <i>v</i>	/ɪg'nɔ:/	I'm going to ignore you because you are annoying me.	ignorieren
fare <i>n</i>	/feə/	He tried to pay his bus fare with a £20 note.	Fahrpreis
pensioner <i>n</i>	/l'penʃənə/	One of my new friends is a pensioner .	Rentner(in)
trick (sb into doing sth) <i>v</i>	/trɪk/	I'm going to trick you into thinking I'm an old man.	hereinlegen
ignorant <i>adj</i>	/l'ɪgnərənt/	It made me realise how ignorant I was.	ignorant, unwissend
Swedish <i>adj</i>	/l'swi:drɪ/	The man was walking along the road with a tall, blonde Swedish woman.	schwedisch
Dutch <i>adj</i>	/dʌtʃ/	I had a wonderful Dutch cheese when I was in Amsterdam.	niederländisch
residential <i>adj</i>	/l'rezɪ'denʃl/	My grandfather now lives in a residential home.	Wohn-
sufficiently <i>adv</i>	/sə'fɪʃntli/	Society doesn't sufficiently value the wisdom that elderly people have.	genug
chinos <i>npl</i>	/l'tʃi:nəʊz/	Those blue chinos look great on you.	Chinos
blazer <i>n</i>	/l'bleɪzə/	He always wears a blazer over his shirt.	Blazer
streaked <i>adj</i>	/l'stri:kt/	I think blue streaked hair looks great at any age.	gesträht
tattoo <i>n</i>	/l'tætu:/	I have a tattoo on my ankle.	Tätowierung
vain <i>adj</i>	/veɪn/	Fashion-conscious people are usually vain and selfish.	eitel
		noun = vanity	
ban (banned) <i>v</i>	/bæn/	Do you think they will ban fur coats?	verbieten

FILE 3			
Vocabulary bank (air travel)			
airport terminal <i>n</i>	/ˈeəpɔ:t ˈtɜ:mɪnəl/	The taxi dropped us off at the airport terminal .	Flughafengebäude
baggage drop off <i>n</i>	/ˈbæɡɪdʒ ˈdrɒp ɒf/	Please take that bag to baggage drop off .	Gepäckaufgabe
baggage reclaim <i>n</i>	/ˈbæɡɪdʒ rɪˈkleɪm/	You need to go to baggage reclaim .	Gepäckausgabe
check-in desk <i>n</i>	/tʃek ɪn desk/	Please go immediately to the check-in desk .	Abflugschalter
customs <i>n</i>	/ˈkʌstəmz/	Show your passport at customs .	Zoll
departures board <i>n</i>	/dɪˈpɑ:tʃəz bɔ:d/	We looked at the departures board to find out about our flight.	Abflugtafel
gate <i>n</i>	/ɡeɪt/	How long will it take to walk to our gate ?	Gate
runway <i>n</i>	/ˈrʌnweɪ/	The plane taxied along the runway .	Landebahn
security <i>n</i>	/sɪˈkjʊərəti/	They opened my bag at security .	Sicherheitskontrolle
domestic flight <i>n</i>	/dəˈmestɪk/	The domestic flight flew from London to Manchester.	Inlandflug
long-haul flight <i>n</i>	/lɒŋ hɔ:l flaɪt/	Have you ever been on a long-haul flight ?	Langstreckenflug
hand luggage <i>n</i>	/ˈhænd lʌɡɪdʒ/	You shouldn't have sharp items in your hand luggage .	Handgepäck
boarding pass <i>n</i>	/ˈbɔ:dɪŋ pɑ:s/	Please show your boarding pass to the steward.	Bordkarte
liquid <i>n</i>	/ˈlɪkwɪd/	If you want to take a liquid through security the volume must be less than 100ml.	Flüssigkeit
sharp <i>adj</i>	/ʃɑ:p/	This knife is a sharp object so you can't take it through security.	scharf
		ant = blunt	
scan <i>v</i>	/skæn/	They will scan your luggage at security.	durchleuchten
prohibited <i>adj</i>	/prəˈhɪbɪtɪd/	This penknife is a prohibited item.	verboten
land <i>v</i>	/lənd/	That plane will land in five minutes.	landen
		to take off = starten to taxi = (auf der Lande-/Startbahn) rollen	
collect / pick up <i>v</i>	/kəˈlekt/	Please collect/pick up your luggage on arrival.	abholen
aisle <i>n</i>	/aɪl/	The cabin crew started to run up and down the aisle .	Gang
cabin crew <i>n</i>	/ˈkæbɪn kru:/	Can you call one of the cabin crew to help me with my hand luggage?	Kabinenbesatzung
connecting flight <i>n</i>	/kəˈnektɪŋ flaɪt/	When I get to Frankfurt I need to get a connecting flight to Berlin.	Anschlussflug
jet lag <i>n</i>	/ˈdʒet læɡ/	My jet lag after the flight was worse than usual.	Jetlag
		to be jet-lagged = Jetlag haben	
(put on/fasten one's) seat belt <i>n</i>	/ˈsi:t belt/	Put on/fasten your seat belt , please.	Sicherheitsgurt anlegen, sich
turbulence <i>n</i>	/ˈtɜ:bjələns/	Is turbulence really dangerous?	Turbulenzen
trip <i>n</i>	/trɪp/	Have you ever arrived home from a trip and had a surprise?	Reise
		trip = from A to B and back a weekend trip to London	
		journey = from A to B How long is your journey to school?	
		voyage = long journey, especially by boat or into space a voyage to America by ship	
drop off <i>v</i>	/drɒp ɒf/	Can your mum drop us off at the airport tomorrow morning?	jmd. absetzen
fill in <i>v</i>	/fɪl ɪn/	Please fill in this immigration form before landing.	ausfüllen

get on / off v	/get ɒf/	I'm always happy to get off the plane at the end of a flight.	ein-, aussteigen
		to get on/off a bus/train/plane/tram/ship but to get into/out of a car	
Adverbs and adverbial phrases			
at the moment	/æt ðə 'məʊmənt/	What are you reading at the moment ?	gerade
		syn = at present, currently careful: presently = soon	
especially adv	/ɪ'speʃəli/	I love ice-cream, especially vanilla-flavoured.	besonders, vor allem
		especially + noun; specially + past part. = extra, eigens These shoes are specially made for..	
have you ever been to ...?	/ɪ'veə/	Have you ever been to Italy?	Warst du schon einmal in ...?
even adv	/i:vən/	He always wears the latest fashions even if they don't suit him.	sogar, selbst wenn
hardly / barely adv	/ɪ'hɑ:dlɪ/	It's so foggy, I can hardly see anything.	kaum
in the end adv	/ɪn ðə end/	I thought the job would be boring, but in the end I loved it.	schliesslich, letzten Endes
at the end of adv	/æt ðə end/	At the end of the concert we all clapped.	am Ende von
late adv	/leɪt/	The plane was late because of bad weather.	verspätet
		lately/recently + pres. Perf. = in letzter Zeit recently + past = kürzlich	
near adv	/nɪə/	Is there a bank near here?	in der Nähe
		syn = next to, beside, by nearby = in der Nähe Is there a chemist's nearby?	
nearly / almost adv	/ɪ'nɪəli/	I've nearly finished my book.	fast
still adv	/stɪl/	He's 35, but he still lives with his parents.	noch (immer)
yet ...? adv	/jet/	Have you found a job yet ?	schon ...?
		already = schon (positive sentences); yet (questions); ant = not...yet = noch nicht	
in fact adv	/ɪn fækt/	We thought they were friends, but in fact they hated each other.	tatsächlich
eventually adv	/ɪ'ventʃuəli/	It took a long time, but eventually I had enough to buy a house.	schliesslich, endlich
		eventually = finally after a long time or after difficulties	
ideally adv	/aɪ'di:əli/	Ideally we'd like to live near the sea, but it's not practical.	am liebsten, idealerweise
basically adv	/ɪ'beɪsɪkli/	Basically we don't have enough money to move.	im Grunde
apparently adv	/ə'pærəntli/	Apparently this house is worth £200,000!	offenbar, angeblich
anyway adv	/ɪ'eniweɪ/	It's good that I was made redundant because I wanted to leave the company anyway .	ohnehin, sowieso
obviously adv	/ɒ'bvɪəsli/	She's been promoted so obviously she'll get a pay rise.	offensichtlich
gradually adv	/ɪ'grædʒuəli/	Mark gradually began to realize that Lucy didn't love him anymore.	allmählich
Useful words and phrases			
anonymous adj	/ə'nɒnɪməs/	The book is co-written by anonymous airline staff whose identities must remain secret.	anonym
life jacket n	/laɪf 'dʒækɪt/	They tell you how to put your life jacket on.	Rettungsweste
wheelchair n	/ɪ'wi:l'tʃeə/	Why do some airport staff get annoyed with people who ask for a wheelchair ?	Rollstuhl
(make a) difference n	/ɪ'dɪfrəns/	It won't make any difference if the plane crashes into the sea.	(einen) Unterschied (machen)
inflate v	/ɪn'fleɪt/	Don't inflate your life jacket too early.	aufblasen
unable (to do sth) adj	/ʌn'eɪbl/	They were unable to escape the rising water inside the plane.	etw. nicht tun können, unfähig
		syn = incapable of doing sth	
instruction n	/ɪn'strʌkʃn/	He will give you an instruction and you must follow it.	Anweisung
request v	/rɪ'kwest/	Some of the people who request wheelchairs often don't need them.	anfordern, bitten um
industry n	/ɪ'ndəstri/	Another miracle, courtesy of the airline industry .	Branche

disappear <i>v</i>	/dɪsə'piə/	<i>I was so embarrassed that I wanted to disappear.</i>	im Boden versinken, verschwinden
such <i>a/an predet</i>	/sʌtʃ/	<i>There is often such a strong smell of roast bird on the plane.</i>	so eine/e
suddenly <i>adv</i>	/ˈsʌdnli/	<i>We suddenly realized that we had left one of the suitcases in the taxi.</i>	plötzlich
fear <i>v</i>	/fiə/	<i>Do you fear the worst when you feel turbulence on a plane?</i>	etw. befürchten
in error	/ɪ'ere/	<i>An emergency announcement was activated in error on our flight to Miami.</i>	irrtümlicherweise
		syn = by mistake, by accident, accidentally, unintentionally	
report (to sb) <i>v</i>	/rɪ'pɔ:t/	<i>She went to the police to report that someone had stolen her bag.</i>	Anzeige erstatten
hold (held, held) <i>v</i>	/həʊld/	<i>Hold my hand – I'm scared!</i>	halten
keep (kept, kept) <i>v</i>	/ki:p/	<i>It was nearly 4 a.m. and she could hardly keep her eyes open.</i>	halten
sound <i>v</i>	/saʊnd/	<i>Does it sound as if the plane's going to crash?</i>	klingen
explode <i>v</i>	/ɪk'spləʊd/	<i>I think the engine is going to explode!</i>	explodieren
brave <i>adj</i>	/breɪv/	<i>The brave pilot landed the plane on the river.</i>	mutig
		syn = bold, courageous ant = feig = cowardly	
true <i>adj</i>	/tru:/	<i>The story can either be true or invented.</i>	wahr
		noun = truth truthful = honest = ehrlich	
contribute (to / towards) <i>v</i>	/kən'trɪbjʊ:t/	<i>Fiftywordstories.com is a website to which people contribute 50-word stories in English.</i>	beitragen, beisteuern
corner (sb) <i>v</i>	/ˈkɔ:nə/	<i>Did the thieves corner you before stealing your money?</i>	jem in die Enge treiben
(to cry / argue) bitterly <i>adv</i>	/ˈbɪtəli/	<i>They had been arguing bitterly the night before.</i>	heftig
control <i>v</i>	/kən'trəʊl/	<i>You need to control the amount of food you eat if you want to lose weight.</i>	unter Kontrolle halten; überwachen
		kontrollieren = to check, to examine	
straight away <i>adv</i>	/ˌstreɪtə'weɪ/	<i>I'll let you know straight away.</i>	sofort, gleich
		syn = immediately	
frequently <i>adv</i>	/ˈfri:kwəntli/	<i>Buses run frequently from here into town.</i>	regelmässig
the press <i>n</i>	/ðə pres/	<i>She was written about in the press.</i>	die Presse
textbook <i>n</i>	/ˈtekstbʊk/	<i>I can't find my maths textbook anywhere!</i>	Lehrbuch
comic <i>n</i>	/ˈkɒmɪk/	<i>Can you buy a comic for my little nephew?</i>	Comic
journal <i>n</i>	/ˈdʒɜ:nl/	<i>I wrote an article for an academic journal.</i>	Fachblatt, Fachzeitschrift
aim (at) <i>v</i>	/eɪm/	<i>Don't aim that gun at me!</i>	zielen (auf)
grab <i>v</i>	/græb/	<i>I saw him grab that lady's bag.</i>	sich etw schnappen; etw entreissen
approve (of) <i>v</i>	/ə'pru:v/	<i>Do you approve of your son going out to nightclubs?</i>	etw erlauben, billigen
		ant = to disapprove (of) noun = (dis)approval	
More words in File 3			
laughable <i>adj</i>	/ˈlɑ:fəbl/	<i>Many think it's laughable that a small life jacket makes any difference if the plane crashes.</i>	lächerlich
		syn = ridiculous verb = to ridicule/to laugh at sb = sich lustig machen über	
escape (from) <i>v</i>	/ɪ'skeɪp/	<i>They were unable to escape the rising water inside the plane.</i>	entkommen
		syn = to flee (fled, fled) from	
to let down/drop one's guard	/gɑ:d/	<i>Don't let your guard down.</i>	unachtsam werden
process <i>n</i>	/ˈpreʊses/	<i>It's all part of the process.</i>	Prozess
shortage (of) <i>n</i>	/ˈʃɔ:tɪdʒ/	<i>There's a shortage of wheelchairs.</i>	Knappheit, Mangel
courtesy of	/ˈkɜ:təsi/	<i>Another miracle, courtesy of the airline industry!</i>	mit freundlicher Genehmigung von

upgrade <i>v</i>	/ˈʌpɡreɪd/	We'd like to upgrade you to first class.	hochstufen
loudspeaker <i>n</i>	/ˈlaʊdˈspiːkə/	A voice came out of the loudspeaker .	Lautsprecher
traumatic <i>adj</i>	/ˈtrɔːˈmætɪk/	It was a very traumatic experience.	traumatisch
activate <i>v</i>	/ˈæktɪveɪt/	A pre-recorded emergency announcement was activated in error on our flight from Miami.	aktivieren
to brace oneself for	/breɪs/	This is the captain speaking; brace yourself for impact.	sich auf etw gefasst machen
impact <i>n</i>	/ˈɪmpækt/	The missile exploded on impact .	Aufprall
		to have a [dramatic/major/devastating] impact on = [...] Auswirkungen haben auf	
ferry <i>n</i>	/ˈferi/	We took the ferry from England to France.	Fähre
revenge <i>n</i>	/rɪˈvendʒ/	Revenge is sweet.	Rache
		to take revenge on sb = sich an jem rächen	
stab (stabbed) <i>v</i>	/stæb/	I'm scared someone is going to stab me in this pub.	jmdn. erstechen
cliff <i>n</i>	/klɪf/	Don't walk too close to the edge of the cliff .	Klippe
confrontation <i>n</i>	/ˌkɒnfrənˈteɪʃn/	He prepared himself for confrontation as the door opened.	Auseinandersetzung
(be) frantic (with worry) <i>adj</i>	/ˈfræntɪk/	I've been frantic with worry – where have you been?	ausser sich sein vor (Sorge)
intake (of) <i>n</i>	/ˈɪnteɪk/	You need to control your intake of calories.	Zufuhr
pudding / dessert <i>n</i>	/ˈpʊdɪŋ/	What are you going to have for pudding ?	Dessert
set out to do (something)	/set aʊt tə duː/	They wouldn't stop until they had done what they had set out to do .	sich etw. vornehmen
(suffer from) nerves <i>n</i>	/nɜːvz/	Do you suffer from nerves when you're in an exam?	Nervosität
Portuguese <i>adj</i>	/ˌpɔːtuˈɡiːz/	I thought Paolo was Portuguese , but actually he's Brazilian.	Portugiese, Portugiesin
family-run <i>adj</i>	/ˈfæməli ˌrʌn/	It was a small family-run company.	familiengeführt
witch <i>n</i>	/wɪtʃ/	Watch out – the old witch is here!	Hexe
on time	/dʒʌst ɒn taɪm/	I got to my appointment just on time .	pünktlich
		in time = rechtzeitig	
specifically <i>adv</i>	/spəˈsɪfɪkli/	Do you read anything specifically to improve your English?	speziell
gun <i>n</i>	/ɡʌn/	I want you to teach me how to shoot a gun .	Schusswaffe
shooting range <i>n</i>	/ˈʃuːtɪŋ reɪndʒ/	Take me to a shooting range so I can practise.	Schiessplatz, Schiessstand
parking lot <i>n</i>	/ˈpɑːkɪŋ lɒt/	We left our car in the parking lot .	Parkplatz
protect (from) <i>v</i>	/prəˈtekt/	Stan had been telling her to learn how to protect herself.	schützen
purse <i>n</i>	/pɜːs/	One minute I had \$50 in my purse and then I had nothing.	Geldbörse
(to pull the) trigger <i>n</i>	/ˈtrɪɡə/	He pulled the trigger on the gun.	Abzug, (abdrücken)
		quick on the trigger = schlagfertig trigger-happy = schiessfreudig, schiesswütig	
bush <i>n</i>	/bʊʃ/	There was a bush between her and her car.	Busch
movie-goer <i>n</i>	/ˈmuːvɪəʊə/	The shops were closed when the last movie-goers came out into the street.	Kinobesucher
bend (bent, bent) <i>v</i>	/bend/	She watched him bend iron.	biegen
shadowed <i>adj</i>	/ˈʃædəʊd/	She examined the look on his shadowed face.	verdunkelt, schattig

FILE 4			
Vocabulary bank (weather)			
boiling / scorching <i>adj</i>	/ˈbɔɪlɪŋ/ /ˈskɔːtʃɪŋ/	It's too hot today. It's boiling .	kochend/brütend heiss
below zero	/bɪˈləʊ ˈzɪərəʊ/	The temperature is below zero . It's minus five.	unter null
breeze <i>n</i>	/briːz/	The breeze is really cooling me down.	Brise
chilly <i>adj</i>	/ˈtʃɪli/	It's a bit chilly in here. Shall I put the heating on?	frisch, kalt
		syn = cool, nippy	
damp / humid <i>adj</i>	/dæmp/	The clothes are damp . There must have been a bit of rain last night.	feucht
		damp = slightly and unpleasantly wet humid = uncomfortably hot and wet	
drizzle <i>n</i>	/ˈdrɪzl/	It's only raining a little bit. Just a light drizzle .	Nieselregen
freezing <i>adj</i>	/ˈfriːzɪŋ/	It's freezing ! I'll have to scrape the ice from my car.	eiskalt
mild <i>adj</i>	/maɪld/	It's quite mild by September. The summer heat has gone.	mild
pour (with rain) <i>v</i>	/pɔː wɪð reɪn/	When we arrived in New York it was pouring with rain .	in Strömen giessen
		syn = to chuck it down (coll.), to come down in sheets, to pelt down, to rain cats and dogs	
shower <i>n</i>	/ˈʃaʊə/	Let's wait a minute to see if it's just a short shower .	Schauer
warm <i>adj</i>	/wɔːm/	How warm is it outside? Do I need a jumper?	warm
pleasant <i>adj</i>	/ˈpleznt/	It's quite pleasant . You won't need a jumper.	angenehm
period <i>n</i>	/ˈpɪəriəd/	It's been a really wet period this summer. How many weeks is it now?	Periode, Zeitraum
mist <i>n</i>	/mɪst/	Luckily the early morning mist was clearing.	Nebel
(thick/heavy/dense) fog <i>adj</i>	/θɪk/	The fog was so thick I couldn't see anything.	(dichter) Nebel
		fog is thicker than mist! a patch of fog = Nebelschwade a blanket of fog = Nebeldecke	
smog <i>n</i>	/smɒɡ/	Los Angeles is famous for its thick smog .	Smog
occur <i>v</i>	/əˈkɜː/	How often do these hot periods occur ?	auftreten
blizzard <i>n</i>	/ˈblɪzəd/	A blizzard is a snow storm with very strong winds.	Schneesturm
drought <i>n</i>	/draʊt/	A drought is a long, usually hot, dry period when there is little or no rain.	Dürre
flood <i>n</i>	/flʌd/	A flood is when everything becomes covered with water.	Flut, Überschwemmung
hail <i>n</i>	/heɪl/	Hail is small balls of ice that fall like rain.	Hagel
heatwave <i>n</i>	/ˈhiːtweɪv/	A heatwave is a period of unusually hot weather.	Hitzewelle
hurricane <i>n</i>	/ˈhʌrɪkən/	A hurricane is a violent coastal storm with very strong winds.	Orkan
(a flash of) lightning <i>n</i>	/ˈlaɪtnɪŋ/	Lightning is a flash of very bright light in the sky caused by electricity.	Blitz
(a peal of) thunder <i>n</i>	/ˈθʌndə/	Thunder is the loud noise that you hear during a storm.	Donner
thunderbolt <i>n</i>	/ˈθʌndəˌbəʊlt/	In ancient Roman religious tradition the thunderbolt represents Jupiter.	Blitzschlag (Blitz mit Donnerschlag)
monsoon <i>n</i>	/mɒnˈsuːn/	A monsoon is the season when it rains a lot in southern Asia.	Monsun
flash <i>n</i>	/flæʃ/	The flash of lightning could be seen for miles.	Blitz
tornado <i>n</i>	/tɔːˈneɪdəʊ/	A tornado is a violent storm that can appear without warning.	Wirbelsturm
bright <i>adj</i>	/braɪt/	The bright sunshine lit up the mountain.	hell
changeable <i>adj</i>	/ˈtʃeɪndʒəbl/	The weather is very changeable in the UK.	wechselhaft
clear <i>adj</i>	/klaɪə/	On a clear day you can see for miles.	klar
heavy (rain / snowfall) <i>adj</i>	/ˈhevi/	The rain was so heavy I had to stop driving.	stark(er) Regen / Schneefall
icy <i>adj</i>	/ˈaɪsi/	I fell over on the icy path.	vereist

settled <i>adj</i>	/ˈsetld/	After a period of changeable weather it became much more settled .	beständig
strong <i>adj</i>	/strɒŋ/	The strong wind blew over many trees.	stark
thick fog <i>adj</i>	/θɪk/	The fog was so thick I couldn't see anything.	dichter Nebel
forecast <i>n</i>	/ˈfɔ:kɑ:st/	The forecast next week is for snow.	Prognose, (Wetter)vorhersage
hill <i>n</i>	/hɪl/	The snow will be much heavier in the hills .	Berg
midday <i>n</i>	/ˈmɪdˈdeɪ/	Rain will move into the area from midday .	Mittag
occasional <i>adj</i>	/əˈkeɪʒənəl/	It will be mostly sunny with occasional periods of rain.	vereinzelt
sweat <i>v</i>	/ˈswet/	I'm sweating . Can we turn the air conditioning on?	schwitzen
get soaked <i>v</i>	/get səʊkt/	It poured with rain and I didn't have an umbrella. I got soaked .	klatschnass werden
sunburnt <i>adj</i>	/ˈsʌnbʌ:nt/	I wear sunscreen on hot days so I don't get sunburnt .	sonnenverbrannt
Useful words and phrases			
environment <i>n</i>	/ˈɪnˈvaɪrənmənt/	Earth Day is an annual day to increase awareness of the environment .	Umwelt
environmentally-friendly <i>adj</i>	/ˈɪnˌvaɪrənˌmentəli ˈfrendli/	Only shop at places which stock environmentally-friendly products.	umweltfreundlich
conscious (of) <i>adj</i>	/ˈkɒnʃəs/	He was suddenly conscious of everyone looking at him.	bewusst
environment-conscious <i>adj</i>		Sarah is a very environment-conscious person. She always cycles to work.	umweltbewusst
reusable <i>adj</i>	/ˈri:ˈju:zəbl/	I own several reusable shopping bags made of recyclable materials.	wiederverwendbar
recycle <i>v</i>	/ˈri:ˈsaɪkl/	I recycle all my newspapers, bottles, and plastic salad boxes.	wiederverwerten
communicate <i>v</i>	/kəˈmjʊ:nɪkeɪt/	When will we have learnt enough English to be able to communicate fluently?	sich verständigen
climate change <i>n</i>	/ˈklaɪmət tʃeɪndʒ/	Pollution is leading to climate change .	Klimawandel
run out (of) <i>v</i>	/rʌn aʊt/	Other sources of energy will be needed as fossil fuels will run out .	ausgehen, kein xxx mehr haben
reason (for) <i>n</i>	/ˈri:zn/	There must be a deeper reason for Britain's peculiar obsession with the weather.	Grund
observe <i>v</i>	/əbˈzɜ:v/	I like to observe people's reactions when I tell them my news.	beobachten
soar <i>v</i>	/sɔ:/	Temperatures are set to soar to 30 degrees on Saturday.	(auf)steigen
global warming <i>n</i>	/ˌɡləʊbl ˈwɔ:mɪŋ/	Many people worry that global warming is affecting the climate.	globale Erwärmung
rule <i>v</i>	/ru:l/	The judge ruled that he had broken the law.	entscheiden
warm spell <i>n</i>	/wɔ:m spel/	We need this warm spell after the rain we have had.	warme Periode
affect <i>v</i>	/əˈfekt/	Does the weather affect your mood?	sich auswirken auf
strategy <i>n</i>	/ˈstrætədʒi/	In this changing world the only strategy that is guaranteed to fail is not taking risks.	Strategie
(on/at the) edge (of) <i>n</i>	/edʒ/	He dreamt he was standing on the edge of a precipice.	Rand
		idiom: to feel on edge = to feel nervous and worried	
regret (doing) <i>v + n</i>	/rɪˈɡret/	I regret going to university. It didn't help me get a better job.	bedauern, bereuen
in advance	/ɪn ədˈvɑ:ns/	Have you ever travelled somewhere without having booked somewhere to stay in advance ?	im Voraus
make sure <i>v</i>	/meɪk ʃɔ:/	Please make sure the windows are closed before you leave the house.	sich vergewissern
in case	/ɪn keɪs/	Take your umbrella in case it's raining when you leave work.	für den Fall
participant <i>n</i>	/pɑ:ˈtɪsɪpənt/	At the beginning of the course the participants are asked to introduce themselves.	Teilnehmer(in)
		to take part in = teilnehmen an	
(get the) buzz <i>n</i>	/bʌz/	It's not the speed, it's the buzz you get when you go fast.	Nervenkitzel (spüren)
mixture <i>n</i>	/ˈmɪkstʃə/	The mixture of speed and noise raises people's adrenaline.	Mischung
regularly <i>adv</i>	/ˈregjələli/	But if you regularly drive at 120mph on a public road, sooner or later you'll get caught.	regelmäßig, regelmässig (Schweiz)
admit (doing) <i>v</i>	/ədˈmɪt/	Eventually the boy admitted breaking the window.	etw. zugeben
habitual offender <i>n</i>	/həˈbɪtʃuəl əˈfendə/	He's a habitual offender . He's been caught six times.	Gewohnheitsverbrecher(in)

potentially fatal consequences	/pə'tenʃəli 'fɛtl/	Those thrill-seekers just ignore the potentially fatal consequences .	mögliche fatale Folgen
lead (led, led) v	/li:d/	I'm going to lead the session today.	leiten, führen
get straight to the point	/get streɪt tə ðə pɔɪnt/	Let me get straight to the point . This is not good enough.	direkt auf den Punkt kommen
vehicle n	/'vi:əkl/	Motorcyclists make up just 1% of all the vehicles on the road.	Fahrzeug
a sense of (one's) own	/ə sens əv wʌnz əʊn/	We want to give them a sense of their own vulnerability , and the risks involved.	Gefühl für die eigene Verletzlichkeit
realistic adj	/rɪə'lɪstɪk/	They need to make a realistic assessment of the risks involved.	realistisch
take seriously	/teɪk 'sɪəriəʊsli/	We need to take the risks involved in driving very seriously .	etw. ernst nehmen
alive adj	/ə'laɪv/	I want to stay alive for as long as possible.	am Leben, lebendig
opportunity n	/ɒpə'tju:nəti/	There are many opportunities for people with university degrees.	Möglichkeit, Gelegenheit
face v	/feɪs/	The lessons learned from facing the difficulties may be very valuable in everyday life.	sich einer Sache stellen
release v	/rɪ'li:s/	When you practise extreme sports your brain releases endorphins.	freisetzen
sum up v	/sʌm ʌp/	To sum up , extreme sports can have many health benefits.	zusammenfassen
More words in File 4			
ecology n	/i'kɒlədʒi/	Ecology is the relationship between the plants, animals, and the environment.	Ökologie
affair n	/ə'feə/	We are friends, but I don't know much about their private affairs .	Angelegenheit
sin n	/sɪn/	Earth Day is a day that invites people to think about their eco- sins .	Sünde
drown v	/draʊn/	He drowned his cereal in milk.	ertränken
stock v	/stɒk/	I only shop at places which stock environmentally-friendly products.	führen
organic adj	/ɔ:'gænɪk/	Organic fruit and vegetables haven't been treated with pesticides.	Bio-
carbon footprint n	/'kɑ:bən 'fʊtprɪnt/	My flights made my carbon footprint much bigger.	Kohlendioxid-Fußabdruck,
solar panel n	/'səʊlə 'pænl/	Most people will have installed solar panels or wind turbines on their houses.	Solarmodul
turbine n	/'tɜ:bəɪn/	A wind turbine converts wind power into energy.	Turbine
desalination n	/di: sælɪ'neɪʃn/	Desalination is when the salt is removed from sea water.	Entsalzung
resort n	/rɪ'zɔ:t/	Many ski resorts will have closed because of a lack of winter snow.	Ferienort, Urlaubsort
(a) lack (of) n	/læk/	Many ski resorts will have closed because of a lack of winter snow.	Mangel (an)
decorator n	/i'dekəreɪtə/	The decorators will have finished painting by Tuesday.	Maler
oven n	/'ʌvən/	Laura won't have arrived before dinner so I'll leave some food in the oven for her.	Ofen, Backofen
chapter n	/'tʃæptə/	She writes a chapter of her novel a week.	Kapitel
there's no point (in) (doing)	/neʊ pɔɪnt/	There's no point (in) phoning Sonia now. She won't be there.	es hat/macht keinen Sinn
		syn = it's no use (doing), there's no sense in (doing), xxx doesn't make sense	
double v	/'dʌbl/	The manufacturing cost is set to double in the next ten years.	sich verdoppeln
curriculum n	/kə'rɪkjələm/	The teaching of handwriting will soon have disappeared from the school curriculum .	Lehrplan
b(e) (un)likely (to do) adj	/ʌn'laɪkli/	It's unlikely that schools will change much in the next few years.	(un)wahrscheinlich (sein, dass)
Indian summer n	/ɪndiən 'sʌmə/	An Indian summer only occurs as a warm spell in autumn.	Altweibersommer
in haste	/ɪn heɪst/	It is very important that decisions are not made in haste .	in Eile
earnestly adv	/ɪ'z:nɪstli/	Experts argued earnestly over what such extreme weather meant.	ernsthaft
globe n	/gləʊb/	The weather varies greatly across the globe .	Welt
intrinsically adv	/ɪn'trɪnzɪkli/	We talk about it a lot, but not because it is an intrinsically interesting topic.	an sich
facilitate v	/fə'sɪlɪteɪt/	People use weather-talk to facilitate social interaction.	erleichtern
interaction n	/ɪntər'ækʃn/	People use weather-talk to facilitate social interaction .	Interaktion
peculiar adj	/pɪ'kju:liə/	Britain has a peculiar obsession with the weather.	besonders, eigenartig

fence <i>n</i>	/fens/	We often talk to our next-door neighbours over the fence in the garden.	Zaun
reluctant <i>adj</i>	/rɪ'lʌktənt/	I am reluctant to talk about politics with my friends.	zurückhaltend, widerwillig
the Met Office <i>n</i>	/ðə met ɒfɪs/	The Met Office provides the weather forecast for the UK.	Wetteramt
guarantee <i>v</i>	/ˌɡærən'ti:/	I can guarantee that you won't regret it.	versichern
		Garantie = warranty	
precipice <i>n</i>	/ˈpresəpɪs/	Imagine that you had a dream where you were standing on the edge of a precipice .	Abgrund
parachute jump <i>n</i>	/ˈpærəʃu:t dʒʌmp/	I did a parachute jump from a plane for charity.	Fallschirmsprung
bungee jump <i>n</i>	/ˈbʌndʒi dʒʌmp/	When the rope broke from her bungee jump she landed in a river.	Bungeesprung
plenty (of) <i>pron</i>	/ˈplenti/	Do you normally get to the station or airport with plenty of time or at the last minute?	eine Menge, viel
disturb <i>v</i>	/dɪ'stɜ:b/	I'll have finished in an hour if you don't disturb me.	stören
lock up <i>v</i>	/lɒk 'ʌp/	Never leave a dog locked up in a car if it's hot.	einsperren
appliance <i>n</i>	/ə'plaɪəns/	The airdryer is an example of an electric appliance .	Gerät
rhythm <i>n</i>	/ˈrɪðəm/	I can't dance. I have no sense of rhythm .	Rhythmus
addiction (to) <i>n</i>	/ə'dɪkʃn/	People can suffer from addiction to many things, from smoking to speed.	Sucht
		adj = to be addicted to (drug) addict = person who is addicted to (drugs)	
intoxicating <i>adj</i>	/ɪn'tɒksɪkətɪŋ/	It is an intoxicating combination of high-powered engines, testosterone, and youth.	berauschend
testosterone <i>n</i>	/tes'tɒstərɒn/	It is an intoxicating combination of high-powered engines, testosterone , and youth.	Testosteron
adrenaline <i>n</i>	/ə'drenəlɪn/	It's the adrenaline . It's the buzz you get when you go fast.	Adrenalin
sensation-seeking <i>v</i>	/sen'seɪfɪŋ 'si:kɪŋ/	It's sensation-seeking , looking for that buzz, but ignoring the consequences.	auf der Suche nach neuen
collision <i>n</i>	/kə'lɪʒn/	There was a collision between two cars but luckily no one was hurt.	Kollision
engrave <i>v</i>	/ɪn'ɡreɪv/	My watch is engraved with my birthday.	(ein)gravieren
helmet <i>n</i>	/ˈhelmt/	I always wear a helmet when riding my bike.	Helm
urban <i>adj</i>	/ˈɜ:bən/	I can't live in rural areas. I like living in urban places.	städtisch
statistics <i>n pl</i>	/stə'tɪstɪk/	The statistics show that more people die on motorbikes than in cars.	Statistik
severe <i>adj</i>	/sɪ'vɪə/	The accident caused severe damage to his spine.	schwer
tempt <i>v</i>	/tempt/	More and more people are tempted by the idea of going on an adventure sports holiday.	verlocken
equipment <i>n</i>	/ɪ'kwɪpmənt/	You need a lot of equipment if you go camping.	Ausrüstung
measure <i>n</i>	/ˈmeʒə/	They require a lot of safety measures and well-trained and qualified instructors.	Messung
although <i>conj</i>	/ɔ:l'ðəʊ/	They went for a walk although it was raining.	obwohl
furthermore <i>adv</i>	/fɜ:ðə'mɔ:ɪ/	It is one of the cheapest available. Furthermore , it is one of the best.	außerdem, ausserdem (Schweiz)
FILE 5			
Vocabulary bank (feelings)			
offended <i>adj</i>	/ə'fendɪd/	I feel really offended . My cousin didn't invite me to his wedding.	gekränkt, beleidigt
(feel) homesick <i>adj</i>	/ˈhəʊmsɪk/	I miss home so much. I'm feeling homesick .	Heimweh (haben)

(bitterly) disappointed <i>adj</i>	/dɪsə'pɔɪntɪd/	I was a bit disappointed you didn't come.	(bitter) enttäuscht
lonely <i>adj</i>	/'ləʊnli/	I feel lonely without you here.	einsam
proud (of) <i>adj</i>	/'praʊd/	I'm so proud my daughter won the race.	stolz
grateful <i>adj</i>	/'ɡreɪtfl/	I'm grateful for any help I get.	dankbar
relieved <i>adj</i>	/'rɪ'li:vɪd/	I was relieved when I finally got a job.	erleichtert
guilty (of) <i>adj</i>	/'ɡɪlti/	I feel guilty when I eat too much.	schuldig
astonished (at/by) <i>adj</i>	/'ə'stɒnɪʃt/	I was astonished when they lost. They always win.	erstaunt
bewildered <i>adj</i>	/'bi:wɪldəd/	I was bewildered by the range of choices.	verwundert, fassungslos, perplex
delighted (with) <i>adj</i>	/'dɪ'ləɪtɪd/	I was delighted with my high score.	erfreut
desperate <i>adj</i>	/'despəreɪt/	I was desperate to get a job. I really needed the money.	verzweifelt
devastated <i>adj</i>	/'devəsteɪtɪd/	I was devastated when my grandad died.	am Boden zerstört
horrified <i>adj</i>	/'hɒrɪfaɪd/	My mum was horrified with the mess in my room.	entsetzt
overwhelmed (with) <i>adj</i>	/'əʊvə'welmd/	I just don't know what to say. I'm overwhelmed with emotion.	überwältigt (vor)
stunned (by) <i>adj</i>	/'stʌnd/	I was stunned by the proposal. I just wasn't expecting it.	verblüfft
thrilled <i>adj</i>	/'θrɪld/	I was thrilled when I heard I was going to become a grandparent.	ausser sich vor Freude sein
scared stiff <i>adj</i>	/'skeəd stɪf/	I'm scared stiff of heights.	höllische Angst haben
down <i>adj</i>	/'daʊn/	You look a bit down . What's the problem?	niedergeschlagen
shattered <i>adj</i>	/'ʃætəd/	I'm absolutely shattered . I just want to sit down and put my feet up.	völlig erschöpft
gobsmacked <i>adj</i>	/'ɡɒbsmækt/	I was completely gobsmacked when I heard she was getting married!	platt, baff
be sick (and tired) of (hearing)	/'sɪk əv/	I'm sick of hearing you complain about my food. Why don't you learn to cook?	etw. nicht mehr hören können
		syn = to be fed up with	
gutted <i>adj</i>	/'ɡʌtɪd/	When they missed that last penalty I was absolutely gutted .	völlig fertig sein
Useful words and phrases			
pay attention (to) <i>v</i>	/'peɪ ə'tenʃn/	Pay attention and also read the safety information in the seat pocket.	aufpassen, Acht geben
destination <i>n</i>	/'destɪ'neɪʃn/	I'd keep walking and try to find my way to my destination .	(Reise)Ziel
intruder <i>n</i>	/'ɪn'tru:ðə/	How would you react if you could hear an intruder in your home?	Eindringling
challenge <i>n + v</i>	/'tʃælɪndʒ/	The key to survival is to divide the challenges into manageable tasks.	Herausforderung, herausfordern
memorize <i>v</i>	/'meməraɪz/	I memorize a lot of information before any exam.	sich merken
manageable task <i>n</i>	/'mænɪdʒəbl tə:sk/	The key to survival is to divide the challenges into manageable tasks .	lösbare Aufgabe
bury <i>v</i>	/'beri/	In traditional stories pirates always bury their treasure.	vergraben
oxygen <i>n</i>	/'ɒksɪdʒən/	Plants produce oxygen for us to breathe.	Sauerstoff
rational <i>adj</i>	/'ræʃnəl/	Try to keep calm and behave in a rational way.	vernünftig
assess <i>v</i>	/'ə'ses/	They don't panic and they assess the situation clearly.	beurteilen
		noun = assessment	
chance (of) <i>n</i>	/'tʃɑ:ns/	The chance of winning the lottery is small.	Chance
rate <i>n</i>	/'reɪt/	Research has shown that the survival rate in air crashes is 95.7%.	Rate
ability (to do sth) <i>n</i>	/'æ'bɪləti/	My ability to stay calm helps in my job.	Fähigkeit
briefing <i>n</i>	/'bri:fɪŋ/	Pay attention to the safety card and the flight attendant's safety briefing .	Anweisung, Instruktion
count <i>v</i>	/'kaʊnt/	Count how many students are present!	zählen
species (sgl + pl) <i>n</i>	/'spi:ʃi:z/	The Amazonian rainforest is the home of more than half the plant species in the world.	Spezies, Gattung
enter <i>v</i>	/'entə/	Before they entered the jungle, the three friends made a promise.	hineingehen

civilization <i>n</i>	/ˌsɪvəlaɪˈzeɪʃn/	The four men set off from the town of Apolo and soon they had left civilization far behind.	Zivilisation
set off (on) <i>phr v</i>	/set ɒf/	They set off on their journey and never returned.	aufbrechen, losfahren
abandon <i>v</i>	/əˈbændən/	Eventually they decided to abandon the search for the village and just hike back.	aufgeben, verlassen
attempt <i>n + v</i>	/əˈtempt/	It took me five attempts to get it right.	Versuch; versuchen
oversleep <i>v</i>	/ˌəʊvəˈsliːp/	I wouldn't have been late if I hadn't overslept .	verschlafen
water <i>v</i>	/ˈwɔːtə/	If you had watered the plants, they wouldn't have died.	giessen
rumour <i>n</i>	/ˈruːmə/	I wish people wouldn't start stupid rumours on Twitter that aren't true.	Gerücht
		rumour has it = Gerüchten zufolge to spread rumours = Gerüchte verbreiten	
can't be bothered <i>v</i>	/bi ˈbɒðəd/	Too often people can't be bothered to take the trolley back.	kein Lust haben
infuriate <i>v</i>	/ɪnˈfjuəriət/	It really infuriates me when people drive too close behind me.	wütend machen
major	/ˈmeɪdʒəl/	On average people have one major regret in life.	gross, wichtig, ernst
		ant = minor = unwichtig, gering, geringfügig	
pure <i>adj</i>	/pjʊə/	I see them as pure mistakes – something to learn from.	rein
manage (to do sth) <i>v</i>	/ˈmænɪdʒ/	I managed to give it up, which I'm proud of.	es schaffen, etw zu tun
excuse <i>n</i>	/ɪkˈskjuːs/	Do you want me to phone and make an excuse ?	Ausrede
self-control <i>n</i>	/ˌself kənˈtrəʊl/	Well, that's your problem. You've got no self-control !	Selbstkontrolle
More words in File 5			
hysterical <i>adj</i>	/hɪˈsterɪkl/	She was so excited she was hysterical .	hysterisch
cadet <i>n</i>	/kəˈdet/	I was a cadet in the army in 2012.	Kadett
avalanche <i>n</i>	/ˈævələːn/	An avalanche can be extremely dangerous for climbers.	Lawine
despair <i>v + n</i>	/dɪˈspeə/	Knowing the right thing to do in a crisis is vital.	verzweifeln; Verzweiflung
rainforest <i>n</i>	/ˈreɪnfɔːrɪst/	The Amazonian rainforest is roughly the size of Europe or Australia.	Regenwald
jungle <i>n</i>	/ˈdʒʌŋɡl/	Four young men went into the jungle on the adventure of a lifetime.	Urwald, Dschungel
go backpacking	/gəʊ ˈbæk.pækɪŋ/	In 1981 three friends went backpacking in a remote area of Bolivia.	mit dem Rucksack reisen
lethal <i>adj</i>	/ˈliːθl/	More than half the plant and animal species known to man are lethal .	tödlich
Bolivia <i>n</i>	/bəˈlɪviə/	Bolivia is in South America.	Bolivien
spirit <i>n</i>	/ˈspɪrɪt/	His spirits change from desperate to optimistic, and then to desperate again.	Stimmung
dwel on <i>phr v</i>	/dweɪ/	We spend almost three-quarters of an hour every week dwelling on our regrets.	nachdenken über
property ladder <i>n</i>	/ˈprɒpəti ˈlædə/	A common regret is not getting on the property ladder sooner.	Immobilienleiter
philosophy <i>n</i>	/fəˈlɒsəfi/	I wish there was a song called 'Je regrette tout'. That would be my philosophy of life!	Philosophie
in the long run	/ɪn ðə lɒŋ rʌn/	In the long run it was probably a good thing.	auf lange Sicht
FILE 6			
Useful words and phrases			
bass guitar <i>n</i>	/ˌbeɪs ɡɪˈtɑː/	I think the bass guitar is one of the easiest string instruments to learn.	Bassgitarre

cello <i>n</i>	/ˈtʃeləʊ/	<i>I hate taking my cello to school. It's too big and heavy.</i>	Cello
choir <i>n</i>	/ˈkwaɪə/	<i>I sing in the school choir.</i>	Chor
drums <i>n</i>	/drʌmz/	<i>My son wants to play the drums but they are so loud!</i>	Schlagzeug
soprano <i>n</i>	/səˈpraːnəʊ/	<i>Many female opera singers are a soprano.</i>	Sopran
flute <i>n</i>	/fluːt/	<i>You nearly always see girls and not boys playing the flute.</i>	Flöte
saxophone <i>n</i>	/ˈsæksəfəʊn/	<i>The saxophone is my favourite instrument in the jazz band.</i>	Saxophon
ballet <i>n</i>	/ˈbæleɪ/	<i>My favourite ballet is Swan Lake. I've seen it three times.</i>	Ballett
psychologist <i>n</i>	/saɪˈkɒlədʒɪst/	<i>A psychologist studies the mind.</i>	Psychologe, Psychologin
alien <i>n</i>	/ˈeɪliən/	<i>There are lots of films about aliens but no one really knows if they exist.</i>	Alien
film-maker <i>n</i>	/ˈfɪlm meɪkə/	<i>Many famous film-makers work in Hollywood.</i>	Filmmacher(in)
attack <i>v</i>	/əˈtæk/	<i>In movies aliens are often shown to attack humans.</i>	angreifen
weep <i>v</i>	/wiːp/	<i>Some people find music so moving that it makes them weep.</i>	weinen
post (online) <i>v</i>	/pəʊst/	<i>I often post messages online about newspaper stories.</i>	posten (im Internet), online stellen
decade <i>n</i>	/ˈdekeɪd/	<i>As for rock music, which do you think is the best decade? Is it the seventies?</i>	Jahrzehnt
		century = Jahrhundert millennium = Jahrtausend	
influence <i>v + n</i>	/ˈɪnfluəns/	<i>Many new musicians are influenced by music they heard in their childhood.</i>	beeinflussen; Einfluss
taste <i>n</i>	/teɪst/	<i>My musical taste is very different from yours.</i>	Geschmack
exploit <i>v</i>	/ɪkˈsplɔɪt/	<i>He exploited the opportunity and made a lot of money.</i>	ausnutzen; ausbeuten, ausnützen
		noun = exploitation = Ausbeutung	
continue (doing) <i>v</i>	/kənˈtɪnjuː/	<i>He continued complaining although nobody was listening to him.</i>	weitermachen
eat out <i>v</i>	/iːt aʊt/	<i>Do you want to get a takeaway this evening? No, I'd prefer to eat out.</i>	auswärts essen
used (to do) <i>v</i>	/ˈjuːst tu/	<i>My parents used to make me tidy my room every morning.</i>	(machte) früher, pflegte zu tun
be used to (doing) <i>v</i>	/bi juːst tə/	<i>I'm used to sleeping with a duvet. I've never slept with blankets.</i>	gewohnt sein, etw zu tun
get used to (doing) <i>v</i>	/get juːst tə/	<i>I can't get used to working at night. I feel tired all the time.</i>	sich daran gewöhnen, etw zu tun
pillow <i>n</i>	/ˈpɪləʊ/	<i>They get into bed and put their head on the pillow.</i>	Kissen
sheet <i>n</i>	/ʃiːts/	<i>In bed people cover themselves with a blanket or a sheet.</i>	Laken
head (for / to / towards) <i>v</i>	/hed/	<i>When I'm with my friends we usually head to the park to relax.</i>	unterwegs sein nach, gehen
		syn = to be headed for/to to head north/south/east/west	
		idiom: to be headed in the right direction = auf dem richtigen Weg sein	
fall asleep <i>v</i>	/fɔːl əˈsliːp/	<i>How long does it usually take you to fall asleep at night?</i>	einschlafen
		syn = to go to sleep schlafen gehen = to go to bed (!)	
be fast asleep	/fɑːst əˈsliːp/	<i>I was fast asleep when a knock on the door woke me up.</i>	fest/tief schlafen
keep you awake	/kiːp ju əˈweɪk/	<i>If you drink coffee in the evening, it may keep you awake.</i>	wach halten
insomnia <i>n</i>	/ɪnˈsɒmniə/	<i>Some people can't sleep because they suffer from insomnia.</i>	Schlaflosigkeit
		insomniac = an Schlaflosigkeit leidende Person	
More words in File 6			
(in the) field (of) <i>n</i>	/fiːld/	<i>English has 'borrowed' many words in the field of music from Italian.</i>	im xxx Bereich, auf dem Gebiet von
(piano) concerto <i>n</i>	/kənˈtʃɜːtəʊ/	<i>This is definitely Mozart's finest piano concerto.</i>	(Klavier) Konzert
mezzo soprano <i>n</i>	/metʃəʊ səˈpraːnəʊ/	<i>She is a mezzo soprano.</i>	Mezzosopran
chorus <i>n</i>	/ˈkɔːrəs/	<i>The chorus is the most famous part of the song.</i>	Refrain
		Strophe = verse (in a song); stanza (in a poem)	

symphony <i>n</i>	/ˈsɪmfəni/	<i>I love Beethoven's Ninth Symphony.</i>	Symphonie
mic(rophon)e <i>n</i>	/ˈmaɪk(rəfəʊn)/	<i>I need a microphone for people to hear me.</i>	Mikrofon
encore <i>n</i>	/ˈɒŋkɔː/	<i>The crowd wanted more so they started shouting for an encore.</i>	Zugabe
genre <i>n</i>	/ˈʒɒnrə/	<i>What genre of music do you like?</i>	Genre, Gattung
		used for: music, literature, art, film	
bouquet <i>n</i>	/buˈkeɪ/	<i>I gave her a bouquet of flowers for Valentine's Day.</i>	Strauss
cappuccino <i>n</i>	/kæpuˈtʃiːnəʊ/	<i>I prefer cappuccino to other types of coffee.</i>	Cappuccino
latte (macchiato) <i>n</i>	/ˈlæteɪ(ˌmækɪˈɑːtəʊ)/	<i>I'll have a latte and a croissant, please.</i>	Latte Macchiato
chauffeur <i>n</i>	/ˈʃəʊfə/	<i>The company sent a chauffeur to pick them up.</i>	Chauffeur, Chauffeuse
croissant <i>n</i>	/ˈkrwæsəʊ-/	<i>Croissants are a really unhealthy breakfast.</i>	Gipfeli
graffiti <i>n</i>	/grəˈfiːti/	<i>Some people think that graffiti is art.</i>	Graffiti
sonata <i>n</i>	/səˈnɑːtə/	<i>A sonata is usually played on just one instrument.</i>	Sonate
profoundly deaf <i>adj</i>	/prəˈfaʊndli/	<i>He was born profoundly deaf.</i>	hochgradig schwerhörig
hearing aid <i>n</i>	/ˈhɪərɪŋ eɪd/	<i>My grandad needs a hearing aid to hear.</i>	Hörgerät
cacophony <i>n</i>	/kəˈkɒfəni/	<i>A cacophony of sounds filled the room.</i>	Kakophonie, Katzenmusik
		a cacophony/chorus of hooting/car horns = Hupkonzert	
whir <i>v</i>	/wɜː/	<i>The computer whirred as it started up.</i>	surren
hum <i>v + n</i>	/hʌm/	<i>The hum from the air-conditioning was really loud.</i>	summen, brummen; Brummen
clack <i>n</i>	/klæk/	<i>Emma's heels clacked loudly on the tiled floor.</i>	klappern, klicken, klackern
vast <i>adj</i>	/vɑːst/	<i>The ship was vast with a capacity of over 2,000 passengers.</i>	riesig, gewaltig, ausgedehnt
universe <i>n</i>	/ˈjuːnɪvɜːs/	<i>The book opened his mind to a whole universe of ideas.</i>	Universum
seek (sought, sought) <i>v</i>	/siːk/	<i>He decided to seek further help.</i>	suchen
tire (of) <i>v</i>	/ˈtaɪə/	<i>Once you've tired of classical, you could start with music from the fifties.</i>	etw. leid werden
suggestion <i>n</i>	/səˈdʒestʃən/	<i>The suggestions for their holiday really helped.</i>	Vorschlag
		verb = to suggest (doing)	
consequently <i>adv</i>	/ˈkɒnsɪkwəntli/	<i>She's a music expert. Consequently she may help us.</i>	folglich
		syn = therefore, thus, hence, as a consequence, as a result	
dominate <i>v</i>	/ˈdɒmɪneɪt/	<i>I don't like people who try to dominate others.</i>	dominieren
unwanted <i>adj</i>	/ˌʌnˈwɒntɪd/	<i>All unwanted ideas were rejected.</i>	unerwünscht, ungewollt
score <i>n</i>	/skɔː/	<i>Writers of film scores are experts at using music to create an atmosphere.</i>	(Film-)Musik
postpone (doing) <i>v</i>	/pəˈspəʊn/	<i>I postponed our meeting until next Sunday.</i>	verschieben, aufschieben
		syn = to put off (doing)	
snore <i>v</i>	/snoː/	<i>Have you ever had to share a room with someone who snores?</i>	schnarchen
nap <i>n</i>	/næp/	<i>When I'm tired I have a short nap during the day.</i>	Nickerchen
routine <i>n</i>	/ruːˈtiːn/	<i>Have a regular routine – try to go to bed at roughly the same time every day.</i>	Routine
restore <i>v</i>	/rɪˈstoː/	<i>Research has shown that short naps are very effective in restoring our energy levels.</i>	wiederherstellen
curtain <i>n</i>	/ˈkɜːtn/	<i>I close the curtains on winter nights to keep the room warm.</i>	Vorhang
blinds <i>npl</i>	/blaɪnd/	<i>Do you usually sleep with your bedroom completely dark, or with the blinds open?</i>	Jalousien, Rollos
duvet <i>n</i>	/ˈduːvet/	<i>I'm not used to sleeping with a duvet. I've always slept with blankets.</i>	Daunendecke
blanket <i>n</i>	/ˈblæŋkɪt/	<i>I like to take an extra blanket with me when I go travelling.</i>	Wolldecke
spinach <i>n</i>	/ˈspɪnɪdʒ/	<i>Spinach is a vegetable many children don't like.</i>	Spinat
lucid <i>adj</i>	/ˈluːsɪd/	<i>In a lucid dream the person dreaming can sometimes change what is happening.</i>	klar, deutlich

ancestor <i>n</i>	/ˈænsesətə/	My ancestors are all from Suffolk.	Vorfahr(in)
parallel <i>adj</i>	/ˈpærəlel/	My house is parallel with a field.	parallel
virtual <i>adj</i>	/ˈvɜːtʃuəl/	Gamers spend hours a day in a virtual reality.	virtuell
		virtually = almost, nearly = fast, nahezu	
REM (rapid eye movement) <i>n</i>	/ɑːr iː ˈem/	REM is an acronym for 'rapid eye movement'.	REM (schnelle Augenbewegung)
neurological disorder <i>n</i>	/njuərəˈlɒdʒɪkl dɪsˈɔːdə/	Doctors diagnosed her as having a rare neurological disorder .	neurologische Störung
syndrome <i>n</i>	/ˈsɪndrəʊm/	This rare neurological disorder is called Kleine-Levin Syndrome .	Syndrom
faithful <i>adj</i>	/ˈfeɪθfl/	He was faithful to his wife and never cheated on her.	treu
sleepwalker <i>n</i>	/ˈsliːpwɔːkə/	You should never wake up a sleepwalker .	Schlafwandler(in)
wander <i>v</i>	/ˈwɒdə/	My parents heard me wandering downstairs in the middle of the night.	irren, umherirren
among(st) <i>prep</i>	/əˈmʌŋ/	Sleepwalking is most common among young boys.	unter
sleep like a log <i>idiom</i>	/lɒg/	Are you a light sleeper or do you sleep like a log ?	wie ein Stein schlafen
		ant = sich (schlaflos) im Bett herumwälzen = to toss and turn	
recur (-rred, -rring) <i>v</i>	/rɪˈkɜː/	I have this recurring nightmare nearly every night.	wieder passieren
FILE 7			
Vocabulary bank (verbs often confused)			
argue (with) <i>v</i>	/ˈɑːɡjuː/	I often argue with my parents about doing housework.	streiten (mit)
discuss <i>v</i>	/dɪˈskʌs/	I need to discuss the problem with my boss.	besprechen, diskutieren über
		!! Don't say: discuss about !!	
notice <i>v</i>	/ˈnəʊtɪs/	I didn't notice that Karen had changed her hair colour.	bemerken
		syn = realize recognise = wieder erkennen	
avoid (doing) <i>v</i>	/əˈvɔɪd/	Jack always tries to avoid arguing with me.	vermeiden
prevent (sb from doing) <i>v</i>	/prɪˈvent/	My dad can't prevent me from seeing my friends.	jmdn. an etw. hindern
look <i>v</i>	/lʊk/	Carol doesn't look very healthy. I think she's working too hard.	ausschauen, aussehen
seem (to do) <i>v</i>	/siːm/	I've spoken to her husband twice and he seems very nice.	scheinen
mind (doing) <i>v</i>	/maɪnd/	My parents don't mind if I stay out late / don't mind me staying out late.	jem etwas ausmachen
it doesn't matter (if) <i>v</i>	/ɪˈmæʔə/	It doesn't matter if we are five minutes late.	nicht drauf an kommen
remember (to do) <i>v</i>	/rɪˈmembə/	Remember to turn off the lights before you go.	an etw denken, etw nicht vergessen
		remember (doing) = sich an etw zurückerinnern: I'll always remeber meeting the Queen!	
remind (sb to do sth) <i>v</i>	/rɪˈmaɪnd/	Can you remind me to call my mum later?	jem daran erinnern, dass
		remind (sb of sb/sth) = erinnern an: This landscape reminds me of Scotland.	
expect (sb to do sth) <i>v</i>	/ɪkˈspekt/	I expect you to work harder; other wise you will never pass your exams!	etw. erwarten
		also: want (sb to do sth) = wollen, dass: I want you to be more punctual!	
wait (for) <i>v</i>	/weɪt/	I've been waiting for you for more than an hour! Where have you been?	warten auf
wish <i>v</i>	/wɪʃ/	I wish I was a bit taller!	wünschen

		wish + past / past perfect <i>I wish I had more money / I wish I hadn't said that.</i>	
hope (for) <i>v</i>	/həʊp/	Let's hope for the best.	hoffen
beat (beat, beaten) <i>v</i>	/bi:t/	Arsenal beat Manchester United 5–2.	schlagen, besiegen
win (won, won) <i>v</i>	/wɪn/	Arsenal won the match 5–2.	gewinnen
refuse (to do) <i>v</i>	/rɪ'fju:z/	Tom always refuses to discuss the problem.	sich weigern, etw zu tun
deny (doing) <i>v</i>	/dɪ'naɪ/	The two boys denied breaking the window.	bestreiten
raise <i>v</i>	/reɪz/	It's hard not to raise your voice when you are arguing with someone.	etw erheben, hoch heben
rise (rose, risen) <i>v</i>	/raɪz/	The cost of living is going to rise again this month.	steigen
lay (laid, laid) <i>v</i>	/leɪ/	I laid the baby on the bed and changed his nappy.	legen
lie (lay, lain) <i>v</i>	/laɪ/	Last night I came home, lay on the sofa, and went to sleep.	liegen
		!! lügen = lie (lied, lied) (to sb about sth)	
steal (stole, stolen) <i>v</i>	/sti:l/	If you leave your bike unlocked, somebody might steal it.	stehlen
		coll = to pinch, to nick	
rob (-bbed) <i>v</i>	/rɒb/	The men had been planning to rob the bank.	(aus-)rauben
		to break into / burgle = einbrechen to mug = auf offener Strasse überfallen	
		to shoplift = in einem Geschäft stehlen to pick sb's pocket = aus der Tasche stehlen	
advise (sb to do sth) <i>v</i>	/əd'vaɪz/	My teacher advised me to learn my vocabulary regularly.	beraten; jem raten, etw zu tun
warn (sb not to do sth) <i>v</i>	/wɔ:n/	They warned me not to stay in that haunted castle.	jem davor warnen, etw zu tun
Vocabulary bank (the body)			
ankle <i>n</i>	/'æŋkl/	I sprained my ankle playing football.	Knöchel
calf (pl calves) <i>n</i>	/kɑ:f/	I pulled my calf muscle running.	Wade
heel <i>n</i>	/hi:l/	Careful! You stood on my heel .	Ferse
elbow <i>n</i>	/'elbəʊ/	I don't know why I've got a lot of wrinkled skin on my elbow .	Ell(en)bogen
fist <i>n</i>	/fɪst/	She hit me with her fist .	Faust
nail <i>n</i>	/neɪl/	Where did you get your nails done?	Nagel
palm <i>n</i>	/pɑ:mz/	She tries to read people's palms .	Handfläche
wrist <i>n</i>	/rɪst/	I can't play tennis. I've hurt my wrist .	Handgelenk
bottom <i>n</i>	/'bɒtəm/	My bike saddle is uncomfortable and it hurts my bottom !	Hinterteil
chest <i>n</i>	/tʃest/	What size chest is your jacket?	Brust(korb)
hip <i>n</i>	/hɪps/	My grandad has false hips .	Hüfte
thigh <i>n</i>	/θaɪz/	My thighs are too big for those trousers.	Oberschenkel
waist <i>n</i>	/weɪst/	What waist size are your trousers?	Taille
kidney <i>n</i>	/'kɪdnɪz/	The kidneys help clean the blood.	Niere
liver <i>n</i>	/lɪvə/	Drinking too much alcohol is bad for your liver .	Leber
lungs <i>n pl</i>	/lʌŋz/	I smoke 40 cigarettes a day. My lungs must be terrible.	Lunge
bite your nails	/baɪt jɔ: neɪl/	Do you bite your nails when you're nervous?	an den Nägeln kauen
blow your nose	/bləʊ jɔ: nəʊz/	Here's a tissue to blow your nose .	sich die Nase putzen
brush your teeth	/brʌʃ jɔ: ti:θ/	Have you brushed your teeth , Timmy?	sich die Zähne putzen
brush your hair / teeth	/brʌʃ jɔ: heə/	You need to brush your hair before I take you to dance class.	sich die Haare bürsten
comb your hair	/kəʊm jɔ: heə/	Are you going to comb your hair ? It looks a mess.	sich die Haare kämmen
fold your arms	/fəʊld jɔ: ɑ:mz/	Fold your arms – it will keep you warmer.	die Arme verschränken

		but: to bend your knees	
suck your thumb	/sʌk jɒ: θʌm/	Did you suck your thumb when you were young?	am Daumen lutschen
shake hands	/ʃeɪk hændz/	We normally shake hands when we meet people.	sich die Hand geben
shrug your shoulders	/ʃrʌg jɒ: 'føuldəz/	Do you always shrug your shoulders when you don't know the answer?	mit den Achseln zucken
shake your head	/ʃeɪk jɒ: hed/	Nod if you agree or shake your head if you don't.	den Kopf schütteln
		ant = (zustimmend) nicken = nod (your head) (in approval)	
raise your eyebrows	/reɪz jɒ: 'aɪbraʊz/	Don't raise your eyebrows at me.	die Augenbrauen hochziehen
wink (at sb) v	/wɪŋk/	He winked at me to show that he was only joking.	jem zuzwinkern
		to blink = blinzeln to squint = when you're blinded = die Augen zukneifen	
chew v	/tʃu:/	The steak was tough and difficult to chew .	kauen
hug (-gged) v	/hʌg/	When we meet we always hug each other.	umarmen
scratch v	/skrætʃ/	Don't scratch the mosquito bite. You'll only make it worse.	kratzen
wave v	/weɪv/	She waved goodbye sadly to her boyfriend as the train left the station.	winken
kneel (knelt, knelt) v	/ni:l/	Some women think a man should kneel down when he proposes marriage.	niederknien
frown v	/fraʊn/	The teacher frowned when she saw all the mistakes I had made.	die Stirn runzeln
stare (at) v	/steə/	Don't stare at people; this is impolite!	direkt anstarren
		to glare at = verärgert anstarren to gape at = überrascht anstarren	
		to gaze at = verwundert/fasziniert anstarren but: to glance at = kurz anblicken	
yawn v	/jɔ:n/	It's rude to yawn without covering your mouth.	gähnen
stretch v	/stretʃ/	She got out of bed, and yawned and stretched .	sich strecken
point (at) v	/pɔɪnt/	If you don't know the word for something, just point at what you want.	auf jem / etw zeigen
Useful words and phrases			
human being n	/ˈhiu:mən 'bi:ɪn/	Human beings argue about everything but are there any differences between the sexes?	Mensch
back up v	/ˈbæk ʌp/	I have all the evidence to back up my argument.	bestärken, stützen
capable (of) adj	/ˈkeɪpəbl/	Women are capable of driving cars just as well as men.	fähig
change the subject	/tʃeɪndʒ ðə 'sʌbdʒekt/	I don't want to talk about this anymore. Let's change the subject .	das Thema wechseln
hurtful (to) adj	/ˈhɜ:tfl/	I'll say something hurtful to him and he'll say something back.	verletzend
in floods of tears idiom	/ɪn flʌdz ɒv tiəz/	Is she okay? I saw her in floods of tears .	in Tränen aufgelöst
require v	/rɪ'kwaɪə/	This decision requires a lot of maturity.	erfordern
consider v	/kən'sɪdə/	He wasn't considered a major suspect in the murder case.	erachten
consider (doing) v		Have you ever considered moving to a foreign country?	erwägen, in Betracht ziehen
be supposed (to do) v	/bi sə'pəʊzd tə/	Hey, aren't you supposed to do the washing-up this week?	(eigentlich) etw tun sollen;
would rather (do) v	/wəd 'rɑ:ðə/	I would rather go to the cinema than to a club.	eher etw tun; lieber etw anderes tun
		had better (do) = es wäre besser/gescheiter, wenn: You had better not touch that dog!	
look like v	/lʊk laɪk/	I think she looks like a teenage student.	aussehen wie
look as if v	/lʊk eɪz ɪf/	I think she looks as if she has just had some bad news.	aussehen als ob
technique n	/tek'ni:k/	What technique does he use to help convey the feeling of happiness?	Technik, Methode
postman (-woman) n	/ˈpəʊstmən/	As they were leaving the postman arrived with the mail.	Postbote, Briefträgerin
performance n	/pə'fɔ:məns/	I don't think his performance in this series was as good as in the last one.	Leistung, Darstellung
cheek n	/tʃi:k/	His cheeks are really red after running.	Wange
		also: = Frechheit: What cheek!	

chin <i>n</i>	/tʃɪn/	He has got a small beard on his chin .	Kinn
eyelash <i>n</i>	/ˈaɪləʃɪz/	Her eyelashes are so long. Are they real?	Wimper
eyelid <i>n</i>	/ˈaɪlɪd/	She wears a lot of make-up on her eyelids .	Augenlid
forehead <i>n</i>	/ˈfɔːhed/	Most of my wrinkles are on my forehead .	Stirn
muscle <i>n</i>	/ˈmʌsl/	I'm too fat. I want more muscle .	Muskel
estimate <i>v</i>	/ˈestɪmeɪt/	It's estimated that 30% of the youth is unemployed.	(ein)schätzen, abschätzen
		but: anerkennen, würdigen, schätzen = to appreciate [əˈpriːʃiːt/]	
significance <i>n</i>	/sɪɡˈnɪfɪkəns/	Joe immediately understood the significance of the eyelid movement he had witnessed.	Bedeutung, Wichtigkeit
facial <i>adj</i>	/ˈfeɪʃl/	Facial expressions show a lot about how we feel.	Gesichts-
spot <i>v</i>	/spɒt/	Then there are the non-verbal signs that many have not learnt to spot .	bemerken
meaningful <i>adj</i>	/ˈmiːnɪŋfl/	The informaion needs to be presented in a meaningful way.	aussagekräftig
combine <i>v</i>	/kəmˈbaɪn/	Many things combine to show how we feel about something.	verbinden
complexity <i>n</i>	/kəmˈpleksəti/	Many things combine to present human experience in all its complexity .	Komplexität
in the foreground	/ɪn ðə ˈfɔːgraʊnd/	In the foreground we see the inside of a room with a glass door leading into a garden.	im Vordergrund
		ant = in the background = im Hintergrund	
rest <i>v</i>	/rest/	In the photo there is a girl sitting at the table, resting her head on one hand.	stützen
More words in File 7			
deduce <i>v</i>	/dɪˈdjuːs/	I try to deduce many things based on evidence I have.	ableiten, (schluss)folgern
		noun = deduction = (Schluss)folgerung	
speculate <i>v</i>	/ˈspekjuleɪt/	I often speculate about changing the past.	vermuten, mutmassen
gender <i>n</i>	/ˈdʒendə/	Damian Whitworth investigates gender differences when couples argue.	Geschlecht
linguist <i>n</i>	/ˈlɪŋgwɪst/	She's a skilled linguist . She understands so much about languages.	Sprachwissenschaftler(in)
rotten <i>adj</i>	/ˈrɒtn/	That apple is rotten . You should throw it out.	faul
cane sugar <i>n</i>	/ˈkeɪn ʃʊɡə/	Sugar cane is one of the main crops in some countries.	Rohrzucker
machete <i>n</i>	/məˈʃeti/	He cut his way through the tall plants with a machete .	Machete
tirade <i>n</i>	/ˈtaɪˈreɪd/	She launched an angry tirade of insults and swear words.	Tirade
fury <i>n</i>	/ˈfjʊəri/	Her fury could be heard by everyone around her.	Wut
cave <i>n</i>	/keɪv/	There are some beautiful caves along the coast.	Höhle
topic <i>n</i>	/ˈtɒpɪk/	Men avoid talking about topics that may cause an argument.	Thema
		syn = issue, subject, theme	
useless (at) <i>adj</i>	/ˈjuːsləs/	I'm useless at arguing. My partner always wins.	nutzlos, unbrauchbar
counsellor <i>n</i>	/ˈkaʊnsələ/	We argue too much. I think we need to see a counsellor .	Berater, Anwalt
withdraw (from) <i>v</i>	/wɪðˈdrɔː/	Men tend to withdraw from an argument and become silent.	sich zurückziehen, sich entziehen
loo <i>n</i>	/luː/	Where's the men's loo ?	Toilette
upbringing <i>n</i>	/ˈʌpbɪŋɪŋ/	Our upbringing as children impacts on how we behave.	Erziehung
		erziehen = to bring up, to raise education only happens at school	
assertive <i>adj</i>	/əˈsɜːtɪv/	John Gray says that men are more assertive in arguments than women.	durchsetzungsfähig, bestimmt
mediate (between) <i>v</i>	/ˈmiːdiət/	I often mediate between my parents when they argue.	vermitteln
conflict <i>n</i>	/ˈkɒnflɪkt/	Conflict is an important part of any relationship. It's healthy to argue.	Konflikt
e-book <i>n</i>	/iː bʊk/	I would rather read an e-book than a normal book.	E-Book
out of tune	/aʊt ɒv tiːn/	That guitar sounds completely out of tune .	verstimmt

perfume <i>n</i>	/ˈpɜːfjuːm/	Your perfume smells like roses.	Parfum
convey <i>v</i>	/kənˈveɪ/	What two things does he say radio actors use to convey feelings?	vermitteln
lift <i>v</i>	/lɪft/	Try to lift it off the page and make it sound natural.	anheben
non-verbal <i>adj</i>	/nɒn ˈvɜːbl/	It's estimated that as much as 80% of our interaction with others is through non-verbal	nonverbal
sincere <i>adj</i>	/sɪnˈsɪə/	He sounded sincere when he apologized.	aufrichtig
press on <i>phr v</i>	/pres ɒn/	Even though it was difficult he decided to press on with the marathon.	mit etw. weitermachen
ice pick <i>n</i>	/ˈaɪs pɪk/	One of the weapons, the ice pick , had actually been used in the crime.	Eispickel
decipher <i>v</i>	/dɪˈsaɪfə/	It was difficult to decipher what he meant.	entschlüsseln
thus <i>adv</i>	/ðʌs/	Body language reveals a lot about your feelings, thus it is important to understand it.	folglich
		syn = hence, consequently	
gesture <i>n</i>	/ˈdʒestʃə/	Physical gestures can be quite different from one culture to another.	Geste
daydream <i>v</i>	/ˈdeɪdriːm/	He often just looks out of the window and starts to daydream .	Tagtraum
crouch <i>v</i>	/kraʊtʃ/	My back hurts from crouching down with the children.	hocken, in die Hocke gehen
naughty <i>adj</i>	/ˈnɔːti/	Maybe the boy has been naughty because it seems as if he's looking at the ground.	ungezogen
FILE 8			
Vocabulary bank (crime &			
blackmail <i>n</i>	/ˈblækmeɪl/	Blackmail is committed when you have some information another person wants kept secret.	Erpressung
bribery <i>n</i>	/ˈbraɪbəri/	They got the contract by using bribery .	Bestechung
		verb = to bribe sb = jem bestechen bribes, bribe money = Bestechungsgeld(er)	
burglary <i>n</i>	/ˈbɜːɡləri/	The burglary was very upsetting for the people who lived there.	Einbruch
		burglar = Einbrucher to burgle = to break into = einbrechen	
drug dealing <i>n</i>	/drʌɡ ˈdiːlɪŋ/	Drug dealing involves selling any illegal drug.	Drogenhandel
fraud <i>n</i>	/frɔːd/	He committed fraud by using other people's identities.	Betrug; Betrüger, Hochstapler
hacking <i>n</i>	/hækɪŋ/	Hacking into computer systems can enable people to steal private information.	Hacking, Hacken
hijacking <i>n</i>	/ˈhaɪdʒækɪŋ/	The hijacking of the plane forced the airport to close.	(Flugzeug-)Entführung
		hijacker = Entführer to hijack = entführen	
kidnapping <i>n</i>	/ˈkɪdnæpɪŋ/	Kidnapping often happens when a criminal tries to get money from a rich person.	Entführung, Verschleppung
		kidnapper = Entführer to kidnap = eine Person entführen	
mugging <i>n</i>	/ˈmʌɡɪŋ/	Mugging is like robbery, but on the street.	Überfall
		mugger = Strassenräuber to mug = auf offener Strasse überfallen	
murder <i>n</i>	/ˈmɜːdə/	He went to prison for the murder of five people.	Mord
		murderer = Mörder to murder = ermorden	
		assassin = Attentäter to assassinate = (wichtige Person) ermorden n = assassination	
rape <i>n</i>	/reɪp/	Rape is often about power and control.	Vergewaltigung
		rapist = Vergewaltiger to rape = vergewaltigen	

robbery <i>n</i>	/ˈrɒbəri/	Robbery is usually violent and involves a weapon.	Raubüberfall
		robbery = (Bank)raub, -überfall to rob (-bbed) = ausrauben, Bank überfallen	
smuggling <i>n</i>	/ˈsmʌɡlɪŋ/	Smuggling involves taking illegal products from one country to another.	Schmuggel
		smuggler = Schmuggler to smuggle = schmuggeln	
stalking <i>n</i>	/ˈstɔːkɪŋ/	Stalking can happen physically or on the internet.	Stalking
		stalker = Stalker to stalk = stalken	
terrorism <i>n</i>	/ˈterərɪzəm/	Terrorism is often political or religious.	Terrorismus
theft <i>n</i>	/θeft/	The theft was very stressful for the victim.	Diebstahl
		thief (pl thieves) = Dieb	
vandalism <i>n</i>	/ˈvændəlɪzəm/	Some people say graffiti is art; others say it is vandalism .	Vandalismus
manslaughter <i>n</i>	/ˈmænsloʊtə/	Manslaughter is killing someone by accident.	Totschlag
arrest (for) <i>v</i>	/əˈrest/	They were arrested for fraud and taken to a police station.	verhaften (wegen)
catch <i>v</i>	/kætʃ/	Carl and Adam were caught driving to the airport in a stolen car.	fassen
charge (with) <i>v</i>	/tʃɑːdʒ/	Finally they were charged with armed robbery.	anklagen (wegen), beschuldigen
commit (-tted) <i>v</i>	/kəˈmɪt/	Carl and Adam committed a crime. They robbed a large supermarket.	begehen
		to commit a crime/an offence (a robbery, murder, etc.), suicide, adultery (Ehebruch)	
investigate <i>v</i>	/ɪnˈvestɪɡeɪt/	The police investigated the crime.	ermitteln
		noun = investigation = Untersuchung, Ermittlung	
question <i>v</i>	/ˈkwestʃən/	The police questioned them for ten hours.	befragen, verhören
accuse (sb of sth) <i>v</i>	/əˈkjuːz/	They were accused of armed robbery and car theft.	jem wegen etw
acquit (sb) <i>v</i>	/əˈkwɪt/	He was acquitted and allowed to go free.	jmd. freisprechen
		noun = acquittal = Freispruch	
court <i>n</i>	/kɔːt/	The defendants appeared in court .	Gericht
evidence <i>n</i>	/ˈeɪdɪns/	The jury looked at and heard all the evidence .	Beweis(mittel), Zeugenaussage
guilty <i>adj</i>	/ˈɡɪlti/	Carl was found guilty . His fingerprints were on the gun used in the robbery.	schuldig
		ant = not guilty = unschuldig noun = guilt	
judge <i>n</i>	/dʒʌdʒ/	The judge decided what Carl's punishment should be.	Richter
jury <i>n</i>	/ˈdʒʊəri/	The jury looked at and heard all the evidence.	die Geschworenen
		the juror = der/die Geschworene	
proof <i>n</i>	/pruːf/	There was no proof that Adam had committed the crime.	Beweis
punishment <i>n</i>	/ˈpʌnɪʃmənt/	The judge decided what Carl's punishment should be.	Strafe
sentence <i>v</i>	/ˈsentəns/	He sentenced him to ten years in prison.	verurteilen
		sentence = Urteil, Strafmass life sentence = lebenslange Freiheitsstrafe	
verdict <i>n</i>	/ˈvɜːdɪkt/	After two days the jury reached their verdict .	Urteil, Verdikt
(eye) witness <i>n</i>	/ˈwɪtnəs/	The witness told the court what they had seen or knew.	(Augen) Zeuge, Zeugin
Vocabulary bank (the media)			
commentator <i>n</i>	/ˈkɒmentətə/	A commentator is a person who describes a sports event while it's happening.	Kommentator(in)
critic <i>n</i>	/ˈkrɪtɪk/	A critic is a person who writes a review about the good / bad qualities of books, concerts,	Kritiker(in)
		Kritik = criticism Kritik eines Films, Konzerts, etc. = review verb = to criticise	
editor <i>n</i>	/ˈedɪtə/	An editor is a person in charge of a newspaper or magazine who decides what to do in it.	Herausgeber(in)
freelance journalist <i>n</i>	/ˈfriːlɑːns ˈdʒɜːnəlɪst/	A freelance journalist writes articles for different papers and is not employed by a paper.	freier Journalist, freie Journalistin

newsreader <i>n</i>	/ˈnjuːzriːdə/	A newsreader is a person who reads the news on TV or radio.	Nachrichtensprecher(in)
paparazzi <i>n pl</i>	/pæpəˈrætsi/	Paparazzi are photographers who follow famous people around to get photos of them.	Paparazzi
presenter <i>n</i>	/priːzentə/	A presenter is a person who introduces the different sections of a radio or TV programme.	Moderator(in)
reporter <i>n</i>	/riˈpɔːtə/	A reporter is a person who collects and reports news for newspapers, radio, or TV.	Reporter(in)
sensational <i>adj</i>	/senˈseɪʃənəl/	The article was very sensational . It made the story seem more shocking than it really was.	sensationslustig
bias(s)ed (towards/against) <i>adj</i>	/ˈbiːəst/	The news on Channel 12 is really biased . You can't believe anything you hear on it.	befangen, tendenziös, parteiisch
objective <i>adj</i>	/əbˈdʒektɪv/	I think The Observer is the most objective paper in England.	objektiv
accurate <i>adj</i>	/ˈækjərət/	The film review was quite accurate .	präzise
		noun = accuracy	
censor <i>v</i>	/ˈsensəd/	I think the report was censored . The newspaper wasn't allowed to publish all the details.	zensieren
row <i>n</i>	/raʊ/	Famous actress in restaurant bill row .	sich streiten
		!! row /rəʊ/ = rudern; Reihe	
quit (quit, quit) <i>v</i>	/kwɪt/	United boss to quit after shock cup defeat.	kündigen
wed (wed or wedded) <i>v</i>	/wed/	Prince to wed 18-year-old TV soap star.	heiraten
back <i>v</i>	/bæk/	Prime minister backs his Chancellor in latest scandal.	den Rücken stärken
tip (tipped) <i>v</i>	/tɪp/	Tarantino tipped to win best director.	auf jmd. tippen
axe <i>v</i>	/æks/	Thousands of jobs axed by UK firms.	kürzen
hit (hit, hit) <i>v</i>	/hɪt/	Stock market hit by oil fears.	angeschlagen sein
quiz (quizzed) <i>v</i>	/kwɪz/	Police quiz witness in murder trial.	befragen
bid (bid, bid) <i>v</i>	/bɪd/	Astronaut bids to be first man on Mars.	sich um etw. bewerben
clash <i>v</i>	/klæʃ/	Ministers clash over new car tax proposal.	aneinandergeraten
vow <i>v</i>	/vaʊ/	Bayern Munich boss vows to avenge defeat.	geloben, versprechen
split (split, split) <i>v</i>	/splɪt/	Footballer and wife split over affair with cleaner.	sich trennen
Useful words and phrases			
income <i>n</i>	/ˈɪnkʌm/	There can be big income differences between urban and rural areas.	Einkommen
		salary = Monats-, Jahressalär wages = Stunden-, Wochenlohn	
eye contact <i>n</i>	/aɪ ˈkɒntækt/	When doing a presentation, make eye contact with your listeners.	Augenkontakt
official <i>adj</i>	/əˈfɪʃl/	Only get taxis that have an official number.	offiziell
shoplifter <i>n</i>	/ˈʃɒplɪftə/	A shoplifter is someone who steals something when he / she is in a shop.	Ladendieb(in)
hand over <i>phr v</i>	/ˈhændəʊvə/	A woman in Florida handed over \$400 for an iPad which turned out to be fake.	übergeben, überreichen
fake <i>adj</i>	/feɪk/	Lots of people buy fake products because they are cheaper than a genuine product.	gefälscht
nearby <i>adj</i>	/ˌniəˈbaɪ/	He bought them in a nearby town.	in der Nähe
		neben = next to, (close) beside, by	
jail <i>n</i>	/dʒeɪl/	He is being held in Volusia County jail .	Gefängnis
insist on (doing) <i>v</i>	/ɪnˈsɪst ɒn/	Jamie insisted on paying for the meal.	beharren auf, darauf bestehen, dass
electrician <i>n</i>	/ɪˌlekˈtrɪʃn/	I need an electrician to fit a new light.	Elektriker(in)
summary <i>n</i>	/ˈsʌməri/	A good summary focuses only on the main points.	Zusammenfassung
for instance	/fɔː ˈɪnstəns/	It takes more than luck. For instance , hard work is important.	zum Beispiel
		syn = for example, e.g.	
justification <i>n</i>	/ˌdʒʌstɪfɪˈkeɪʃn/	There are plenty of justifications for taking things for free on the internet.	Rechtfertigung
		verb = to justify	

disconnection <i>n</i>	/ˌdɪskəˈnekʃn/	<i>Illegal</i> downloaders should be punished with internet disconnection .	Abschalten, Trennen
campaign (for/against) <i>v</i>	/kæmˈpeɪn/	People campaign for things they believe in.	eine Kampagne führen
civil liberty <i>n</i>	/ˌsɪvəl ˈlɪbəti/	Civil liberties are important for people's freedom.	bürgerliche Freiheit
brilliant <i>adj</i>	/ˈbrɪljənt/	The film was absolutely brilliant !	grossartig
minor <i>adj</i>	/ˈmaɪnər/	Community service is the best punishment for young people who commit a minor offence.	geringfügig
finally <i>adv</i>	/ˈfaɪnəli/	Finally , I do not think that a fine is a suitable punishment for young people.	letztendlich
firstly <i>adv</i>	/ˈfɜːstli/	Firstly , community service often persuades a young person not to re-offend.	zunächst
in addition	/ɪn əˈdɪʃn/	In addition , in prisons many of the inmates take drugs.	ausserdem
in conclusion	/ɪn kənˈkluːʒn/	In conclusion , I believe that community service has important advantages.	schlussendlich
in most cases	/ɪn məʊst keɪsɪz/	Working with sick children or old people makes young offenders become better citizens.	in den meisten Fällen
secondly <i>adv</i>	/ˈsekəndli/	Secondly , spending time in prison results in young people meeting other criminals.	zweitens
so <i>adv</i>	/səʊ/	They do not usually have much money themselves, so , it is their parents who pay the fine.	also
		syn = therefore, thus, hence, as a result	
paragraph <i>n</i>	/ˈpærəɡrɑːf/	A paragraph contains ideas related to one topic.	Absatz
introduction <i>n</i>	/ˌɪntroˈdʌkʃn/	An introduction is at the start of an essay or article.	Einleitung
horoscope <i>n</i>	/ˈhɒrəskəʊp/	I never read my horoscope . I think it's nonsense.	Horoskop
skip <i>v</i>	/skɪp/	Don't skip breakfast. You'll be hungry later.	auslassen
recipe <i>n</i>	/ˈresəpi/	Can I have the recipe for this? It's delicious!	Rezept
		receipt = Quittung prescription = Arztrezept	
column <i>n</i>	/ˈkɒləm/	Geoff Lewis, 30, writes a weekly newspaper column on cooking.	Kolumne
menu <i>n</i>	/ˈmenjuː/	He later admitted having seen the dish on the menu at Andrew's pub.	Speisekarte
spare <i>adj</i>	/speə/	The police got in with the help of a neighbour, Paul Walker, who had a spare key.	Ersatz-
print <i>n</i>	/prɪnt/	You could see his paw print on the key of the phone.	Abdruck
reach for <i>v</i>	/riːtʃ fɔː/	The first thing she reaches for is her BlackBerry.	nach etwas greifen
tap (tapped) <i>v</i>	/tæp/	Well-manicured fingers tap keys, and she starts looking at her diary.	tippen
wardrobe <i>n</i>	/ˈwɔːdrəʊb/	In her head Helen is already choosing the wardrobe she needs to wear.	Kleiderschrank
bonus <i>n</i>	/ˈbəʊnəs/	The bank has warned that the row about paying bonuses threatens to put jobs at risk.	Prämie, Bonus
in(to) reverse <i>v</i>	/rɪˈvɜːs/	Labour have accused him of putting the economy into reverse .	rückläufig
bomb <i>n</i>	/bɒm/	Sommerville knows it's not if another bomb goes off, it's when.	Bombe
More words in File 8			
cab <i>n</i>	/kæb/	Never ever get into a cab that has another person in the front passenger seat.	Taxi
well off <i>adj</i>	/wel ɒf/	His clothes look expensive. He must be well off .	vermögend, betucht
tramp <i>n</i>	/træmp/	You don't have to look like a tramp , but you should try to look as if you aren't rich.	Landstreicher(in)
overprotective <i>adj</i>	/əʊvəprəˈtektɪv/	The locals can be overprotective because they want you to see the best side of their town.	überfürsorglich
reputable <i>adj</i>	/ˈrepiətəbl/	The safest thing to do is to phone a reputable company every time you need a cab.	seriös
regulated <i>adj</i>	/ˈregjuleɪtɪd/	If you do have to get a taxi in the street, make sure it looks like a regulated one.	geregelt, reguliert
pose <i>v</i>	/pəʊz/	They look up at Big Ben, and then they pose to have their photo taken.	posieren
pickpocket <i>n</i>	/ˈpɪkpɒkɪt/	A pickpocket is someone who steals from you in the street, usually without you noticing.	Taschendieb(in)
monument <i>n</i>	/ˈmɒnjumənt/	Nelson's Column is a famous monument in London.	Sehenswürdigkeit
tag <i>n</i>	/tæg/	An Apple logo had been cut out in the middle, and a Best Buy price tag stuck on the back.	Schild, Etikett
armed <i>adj</i>	/ɑːmd/	There is nothing polite about armed robbery.	bewaffnet

till <i>n</i>	/tɪl/	The robber always says 'please' when he orders shop staff to give him the money in the till .	Kasse
mask <i>n</i>	/mɑːsk/	He wears a mask and washing-up gloves during robberies.	Maske
ultimately <i>adv</i>	/ˈʌltɪmətli/	Illegally downloading will ultimately harm the people who are committing the crime.	letzten Endes
necessity <i>n</i>	/nəˈsesəti/	The internet isn't a necessity .	Notwendigkeit
treat <i>n</i>	/tri:t/	Listening to the music we want for free is a treat .	Vergnügen
luxury <i>n</i>	/ˈlʌkʃəri/	Listening to the music we want for free is also a luxury .	Luxus
idol <i>n</i>	/ˈaɪdl/	Fans who don't pay their idols are like lovers who promise everlasting love.	Idol
everlasting <i>adj</i>	/ˈevəˈlɑːstɪŋ/	Fans who don't pay their idols are like lovers who promise everlasting love.	immerwährend
shrink (shrank, shrunk) <i>v</i>	/fɹɪŋk/	The music industry has shrunk 40% since 2000.	schrumpfen
oppose <i>v</i>	/əˈpəʊz/	I oppose the government's changes. They should be stopped.	etw. ablehnen
breed <i>n</i>	/bri:d/	Some breeds of dog are aggressive.	Rasse
squat <i>v</i>	/skwɒt/	Squatting in an unoccupied house is illegal.	besetzen
unoccupied <i>adj</i>	/ˌʌnˈɒkjʊəpt/	The house is unoccupied . No one lives there.	unbewohnt
inmate <i>n</i>	/ˈɪnmeɪt/	In prisons many of the inmates take drugs.	Insasse, Insassin
mayonnaise <i>n</i>	/ˌmeɪəˈneɪz/	Mayonnaise is a popular ingredient in many sandwich fillings.	Mayonnaise
unanimously <i>adv</i>	/juˈnænɪməsli/	Newspaper staff tried both dishes and unanimously declared Andrew's to be the winner.	einstimmig
become entangled (with) <i>v</i>	/brɪˈkʌm ɪnˈtæŋɡld/	He became entangled with the cord of the phone and was choking.	sich verheddern
paw <i>n</i>	/pɔːz/	The dog touched the key with his paws .	Pfote
literally <i>adv</i>	/ˈlɪtərəli/	You could see his paw print on the key of the phone. He literally saved his own life.	buchstäblich
dopey <i>adj</i>	/ˈdəʊpi/	In fact, he's really dopey – he just likes to chew socks most of the time.	dämlisch, doof
matchbox <i>n</i>	/ˈmætʃbɒks/	She's got all her complex life locked up in that electronic matchbox .	Streichholzschachtel
armoured <i>adj</i>	/ˈɑːməd/	Sommerville climbs into a British armoured vehicle.	gepanzert
convoy <i>n</i>	/ˈkɒnvɔɪ/	The army convoy moves forward.	Konvoi
limousine <i>n</i>	/ˌlɪməˈziːn/	A limousine sweeps along Wilshire Boulevard, Los Angeles.	Limousine
sweep (swept, swept) <i>v</i>	/swi:p/	The car sweeps past people standing alongside the road.	(vorbei-)fegen, jagen
undistinguished <i>adj</i>	/ˌʌndɪˈstɪŋɡwɪft/	The undistinguished building would not be noticed by anyone.	mittelmässig
sideline <i>v</i>	/ˈsaɪdlaɪn/	No one was paying her any attention. She was starting to feel sidelined .	im Abseits, aussen vor
premature <i>adj</i>	/ˈpremətə/	Dozens of Facebook groups deal with everything, from drugs to premature babies.	frühzeitig, frühgeboren
FILE 9			
Vocabulary bank (business)			
become (became, become) <i>v</i>	/brɪˈkʌm/	You will become conscious again after an hour.	werden
expand <i>v</i>	/ɪkˈspænd/	The company expanded to open shops in other countries.	expandieren
export <i>v</i>	/ɪkˈspɔːt/	They export the product around the world.	exportieren
import <i>v</i>	/ɪmˈpɔːt/	Our country imports most of its oil.	importieren
launch <i>v</i>	/ləʊnt/	Nowadays it is quite a risk to launch a new business.	einführen
manufacture <i>v</i>	/ˌmænɪʃəˈfæktʃə/	China manufactures many products for the world.	produzieren

market <i>v</i>	/ˈmɑːkɪt/	Companies often use celebrities to help market their products.	vermarkten
merge <i>v</i>	/mɜːdʒ/	The two companies merged to create one large company.	fusionieren
produce <i>v</i>	/prəˈdjuːs/	Saudi Arabia produces more oil than any other country.	herstellen
set up <i>phr v</i>	/set ʌp/	The company was set up in 1990.	eröffnen
take over <i>phr v</i>	/teɪk ˈəʊvə/	The Royal Bank of Scotland took over NatWest Bank in 2000.	übernehmen
do business (with)	/duː ˈbɪznəs/	Many companies do business in a variety of countries.	Geschäfte machen (mit)
do a deal (= business agreement)	/duː ə diːl/	I want to do a deal on a new car.	ein Geschäft abschliessen
make a decision	/meɪk ə dɪˈsɪʒn/	I have to make a decision before the end of the day.	eine Entscheidung treffen
do a job	/duː ə dʒɒb/	Do a job well and you'll get promoted.	seine Arbeit machen
make a loss	/meɪk ə lɒs/	Most businesses make a loss in the first few years.	Verlust machen
do market research	/duː ˌmɑːkɪt rɪˈsɜːtʃ/	Many companies do market research to find out more about their customers.	Marktforschung durchführen
make money	/meɪk ˈmʌni/	I need to make money quickly.	Geld verdienen
make a profit	/meɪk ə ˈprɒfɪt/	I think my business will make a profit this year.	Gewinn machen
make (someone) redundant	/meɪk rɪˈdʌndənt/	When you make someone redundant it's important to manage it effectively.	(jmd.) entlassen
		often used in the passive: to be made redundant	
do well	/duː wel/	If I do well I might make more money.	erfolgreich sein
do badly	/duː ˈbædli/	If you do badly will you lose your job?	schlecht abschneiden
business <i>n</i>	/ˈbɪznəs/	A business is an organization which produces or sells goods or provides a service.	Geschäft, Unternehmen
firm <i>n</i>	/fɜːm/	Firm means the same as business.	Firma
company <i>n</i>	/ˈkʌmpəni/	What company do you work for?	Firma, Unternehmen
branch <i>n</i>	/brɑːnt/	A branch is an office or shop that is part of a larger organization.	Filiale
chain <i>n</i>	/tʃeɪn/	A chain is a group of shops, hotels, etc. owned by the same person or company.	Kette
head office <i>n</i>	/hed ˈɒfɪs/	The head office is the main office of a company.	Hauptsitz
multinational <i>n</i>	/mʌltiˈnæʃnəl/	A multinational company has offices or factories in many countries.	multinational
the CEO (= chief executive)	/siː iːˈəʊ/	The CEO is the head of a company.	Vorstandsvorsitzender /
client <i>n</i>	/ˈklaɪənt/	A client receives a service from a professional person.	Klient(in)
		in a shop: customer	
colleague <i>n</i>	/ˈkɒliːg/	A colleague is a person who works with you.	Arbeitskollege, -in
employee <i>n</i>	/emˈplɔɪːi/	An employee is a person who works for somebody.	Arbeitnehmer(in)
staff <i>n</i>	/stɑːf/	The staff is the group of people who work for an organization.	Personal
close down <i>phr v</i>	/kləʊz daʊn/	Many companies close down in a recession.	zumachen
drop (dropped) <i>v</i>	/drɒp/	Standards of living drop in a recession.	sinken
grow <i>v</i>	/grəʊ/	An economic boom is a time when a country's economy grows .	wachsen
improve <i>v</i>	/ɪmˈpruːv/	Standards of living improve in an economic boom.	sich verbessern
increase <i>v</i>	/ɪnˈkriːs/	I need to increase my income.	steigern
unemployed <i>adj</i>	/ʌnɪmˈplɔɪd/	There are more unemployed people in a recession.	arbeitslos
recession <i>n</i>	/rɪˈseɪn/	In a recession many people worry about their jobs.	Rezession
Vocabulary bank (word building)			
overcrowded <i>adj</i>	/əʊvəˈkraʊdɪd/	Mumbai is a very overcrowded city.	überfüllt
megacity <i>n</i>	/ˈmegəˌsɪti/	Tokyo is one of the five megacities .	Megastadt
underdeveloped <i>adj</i>	/ʌndəˈdeɪvələpt/	This part of the city is very poor and underdeveloped .	unterentwickelt

multicultural <i>adj</i>	/ˌmʌlti'kʌltʃərəl/	London is a very multicultural city, with people of many different races and religions.	multikulturell
subway <i>n</i>	/'sʌbweɪ/	The quickest way to get around New York is on the subway .	U-Bahn
		subway = New York London = the Underground, the Tube	
bilingual <i>adj</i>	/baɪ'liŋgwəl/	Montreal is probably the most bilingual city in the world.	zweisprachig
monorail <i>n</i>	/'mɒnəreɪl/	If you want to avoid the traffic jams in Bangkok, get the monorail .	Einschienebahn
automated <i>adj</i>	/'ɔ:təmeɪtɪd/	The Tokyo subway is fully automated .	automatisiert
antisocial <i>adj</i>	/ˌænti'səʊəl/	Vandalism, especially breaking public property, is very antisocial behaviour.	unsozial
misunderstand (-stood, -stood) <i>v</i>	/ˌmɪsʌndə'stænd/	I misunderstood the directions, and now I'm completely lost.	missverstehen
postgraduate <i>adj</i>	/ˌpəʊst'grædʒuət/	He is doing a postgraduate degree in aeronautical engineering.	Postgradual-, nachuniversitär
useful <i>adj</i>	/'ju:sfl/	The instructions were very useful .	nützlich
bulletproof <i>adj</i>	/'bʊlɪtpru:f/	The police usually wear bulletproof vests.	schussicher
waterproof <i>adj</i>	/'wɔ:təpru:f/	My watch is waterproof .	wasserfest
unbreakable <i>adj</i>	/ʌn'breɪkəbl/	Their new laptops are completely unbreakable .	bruchsicher
drinkable <i>adj</i>	/'drɪŋkəbl/	I don't think the tap water here is drinkable .	trinkbar
absence <i>n</i>	/'æbsəns/	Her absence was noted by the teacher.	Abwesenheit
accommodation <i>n sgl</i>	/əˌkɒmə'deɪʃn/	Accommodation for tourists can be very expensive in London, especially good hotels.	Unterkunft
alcoholism <i>n</i>	/'ælkəhɒlɪzəm/	Alcoholism is a growing problem as drink becomes cheaper.	Alkoholismus
		all the German words ending in -ismus have -ism in English: Communism, capitalism	
brotherhood <i>n</i>	/'brʌðəhʊd/	Brotherhood is the friendship and understanding between people.	Brüderlichkeit
childhood <i>n</i>	/'tʃaɪldhʊd/	I have many fond memories from my childhood .	Kindheit
coldness <i>n</i>	/'kəʊldnəs/	I was treated with such coldness that I never went back to that country.	Kälte
convenience <i>n</i>	/kən'vi:niəns/	Convenience foods are popular with people who lead busy lives.	Fertig-
entertainment <i>n</i>	/ˌentə'teɪnmənt/	New York has a huge range of entertainment , from Broadway shows to sporting events.	Unterhaltung
excitement <i>n</i>	/ɪk'saɪtmənt/	The excitement at the end of the game was amazing.	Aufregung
friendliness <i>n</i>	/'frendlɪnəs/	I love Rio because of the friendliness of the people.	Freundlichkeit
government <i>n</i>	/'gʌvənmənt/	The country has elected a new government .	Regierung
ignorance <i>n</i>	/'ɪgnərəns/	I'm surprised by his ignorance on the matter.	Ignoranz
improvement <i>n</i>	/'ɪm'pru:vmənt/	The improvement in the system really helped the company.	Verbesserung
intention <i>n</i>	/ɪn'tenʃn/	It is my intention to leave.	Absicht
pollution <i>n</i>	/pə'lu:ʃn/	Pollution levels have risen in many cities.	Verschmutzung
racism <i>n</i>	/'reɪsɪzəm/	Racism is a bigger problem when unemployment is high.	Rassismus
reduction <i>n</i>	/'rɪ'dʌkʃn/	The reduction in price made it cheap.	Ermässigung
ugliness <i>n</i>	/'ʌɡlɪnəs/	The product didn't do well due to its ugliness .	Hässlichkeit
weakness <i>n</i>	/'wi:knəs/	His one weakness was his arrogance.	Schwäche
loss <i>n</i>	/lɒs/	The financial loss was a problem for the company.	Verlust
death <i>n</i>	/deθ/	My uncle's death was difficult for me.	Tod
success <i>n</i>	/sək'ses/	Success is more important to me than money.	Erfolg
thought <i>n</i>	/θɔ:t/	What are your thoughts on the subject?	Meinung, Gedanke

belief <i>n</i>	/bɪ'li:f/	<i>Let's not talk about religious beliefs.</i>	Glaube
heat <i>n</i>	/hi:t/	<i>The heat was too much for me. I had to go inside.</i>	Hitze
strength <i>n</i>	/streŋθ/	<i>The strength of his argument was very persuasive.</i>	Stärke
height <i>n</i>	/haɪt/	<i>The height of modern buildings keeps getting higher.</i>	Höhe
length <i>n</i>	/leŋθ/	<i>The length of an Olympic pool is 50 metres.</i>	Länge
Useful words and phrases			
whatever <i>det, pron</i>	/wɒt'evəl/	<i>Whatever I give her, it's always the wrong thing.</i>	was auch immer
wherever <i>adv</i>	/weər'evəl/	<i>Please sit wherever you like.</i>	wo immer
brand <i>n</i>	/brænd/	<i>What brand of cigarettes do you prefer?</i>	Marke
advert (advertisement / ad) <i>n</i>	/'ædvɜ:t, əd'vɜ:tɪsmənt/	<i>Can you think of a recent advert which made you not want to ever buy the product?</i>	Anzeige
airbrush <i>v</i>	/'eəbrʌʃ/	<i>A model was so heavily airbrushed that her waist appeared to be smaller than her head.</i>	mit Airbrushtechnik aufsprühen
statement <i>n</i>	/'steɪtmənt/	<i>It is illegal for celebrities to make false statements of fact in advertisements.</i>	Äusserung
sue <i>v</i>	/su:/	<i>Lauren threatened to sue a blogger who was the first person to comment on the image.</i>	jmd. verklagen
commercial <i>n</i>	/kə'mɜ:ʃl/	<i>TV and radio commercials cannot make false claims about a product.</i>	Werbespot
ingredient <i>n</i>	/ɪn'ɡri:diənt/	<i>The product's ingredients are on the label.</i>	Zutat
block <i>v</i>	/blok/	<i>The manager blocked his suggestion because he didn't like it.</i>	abblocken
celebrity endorser <i>n</i>	/səlebrətɪ ɪn'do:sə/	<i>A celebrity endorser can help increase the sales of a product.</i>	prominente(r) Fürsprecher(in)
gift <i>n</i>	/ɡɪft/	<i>Small free gifts are often given with big purchases.</i>	Geschenk
even though	/'i:vən ðəʊ/	<i>Even though the product is expensive, many people will still buy one.</i>	obwohl
(so as) to (do)	/səʊ əz tə/	<i>I went to the bank so as to talk to my bank manager.</i>	um zu, um...zu
		um nicht zu = so as not to	
must-have <i>n</i>	/məst hæəv/	<i>Everyone wants one of those products. It's a must-have.</i>	Muss
so that	/səʊ ðæt/	<i>Dark colours are used so that it makes the product look cool.</i>	sodass, damit
in order (not) to	/ɪn 'o:də tə/	<i>The photo has been airbrushed in order to make her skin look perfect.</i>	um zu, um...zu
in spite of	/ɪn spaɪt ɒv/	<i>In spite of a huge marketing campaign, the product was not successful.</i>	trotz
despite <i>prep</i>	/dɪ'spaɪt/	<i>He's decided to carry on working despite being 65.</i>	trotz
consist of <i>v</i>	/kən'sɪst ɒv/	<i>The company consists of four main departments.</i>	bestehen aus
progress <i>v</i>	/prə'ɡres/	<i>The business is going digital to progress further.</i>	fortschreiten
status <i>n</i>	/ˈsteɪtəs/	<i>Even though Paul Feldman had high status and earned a good salary, he was bored.</i>	Status
whichever <i>det, pron</i>	/wɪtʃ'evəl/	<i>I'll go by bus or train, whichever is cheaper.</i>	was auch immer
whoever <i>pron</i>	/hu:'evəl/	<i>There is a prize for whoever can answer the question first.</i>	wer auch immer
however <i>adv</i>	/haʊ'evəl/	<i>I'm going to buy it however expensive it is!</i>	wie auch immer
relatively <i>adv</i>	/ˈrelətɪvli/	<i>There is also relatively low unemployment compared to other big cities in the world.</i>	relativ
ordinary <i>adj</i>	/ˈɔ:dnri/	<i>During the week these men have ordinary jobs and they're model citizens.</i>	gewöhnlich
		ordinär = vulgar, cheap	

neighbourhood <i>n</i>	/ˈneɪbəhʊd/	<i>New York has some very dangerous neighbourhoods.</i>	Nachbarschaft
poverty <i>n</i>	/ˈpɒvəti/	<i>Poverty can be a problem in a city that is growing quickly.</i>	Armut
trouble <i>n</i>	/ˈtrʌbl/	<i>I got in a lot of trouble at school.</i>	Ärger, Probleme
belongings <i>n pl</i>	/bɪˈlɒŋɪŋz/	<i>I packed all my belongings and left.</i>	Hab und Gut
satisfactory <i>adj</i>	/ˌsætɪsˈfæktəri/	<i>Our accommodation isn't satisfactory.</i>	zufriedenstellend
reasonable <i>adj</i>	/ˈriːznəbl/	<i>Come on guys! Let's be reasonable. We cannot afford such expensive things.</i>	vernünftig
		syn = sound, sensible, wise	
More words in File 9			
battle <i>n</i>	/ˈbætl/	<i>So began an epic battle, which the English ultimately lost.</i>	Schlacht
subscription (to) <i>n</i>	/səbˈskɪpʃn/	<i>I have a subscription to the magazine.</i>	Abonnement
		abonnieren = to subscribe to (a paper)	
harbour <i>n</i>	/ˈhɑːbə/	<i>They went down to the harbour to see if they had fresh fish.</i>	Hafen
policy <i>n</i>	/ˈpɒləsi/	<i>The manager called a meeting so as to explain the new policy.</i>	Programm, Leitlinie
incident <i>n</i>	/ˈɪnsɪdənt/	<i>The incident made him leave his job.</i>	Zwischenfall
bagel <i>n</i>	/ˈbeɪgl/	<i>My daughter likes bagels for breakfast.</i>	Bagel
proportion (of) <i>n</i>	/prəˈpɔːʃn/	<i>The biggest proportion of people eat cereal for breakfast.</i>	Anteil
unintentionally <i>adv</i>	/ˌʌnɪnˈtenʃənəli/	<i>I'm sorry I offended you. I did it unintentionally.</i>	unabsichtlich
leftovers <i>n pl</i>	/ˈleftəʊvəz/	<i>I usually eat the leftovers from dinner for lunch the next day.</i>	Reste
refund <i>n</i>	/ˈriːfʌnd/	<i>Sorry, we don't give refunds. You can't get your money back.</i>	Erstattung
agricultural <i>adj</i>	/ˌægrɪˈkʌltʃərəl/	<i>What agricultural products are produced in your country?</i>	Agrar-
entire <i>adj</i>	/ɪnˈtəɪə/	<i>By the end of the century three-quarters of the entire planet will be urban.</i>	gesamt, ganz
unthinkable <i>adj</i>	/ˌʌnˈθɪŋkəbl/	<i>The idea of late trains is almost unthinkable.</i>	undenkbar
		syn = inconceivable, unimaginable	
construct <i>v</i>	/kənˈstrʌkt/	<i>There are even driving schools constructed on top of buildings.</i>	bauen
contrast <i>n</i>	/ˈkɒntrɑːst/	<i>As a complete contrast to Tokyo, Marr takes us to Mexico City, a colourful and vibrant city.</i>	Kontrast
vibrant <i>adj</i>	/ˈvaɪbrənt/	<i>Mexico City is a colourful and vibrant city where people live their lives in the street.</i>	lebendig
divide (between) <i>n</i>	/dɪˈvaɪd/	<i>There is a huge social divide between the massive, luxurious houses and the slums.</i>	Kluft
massive <i>adj</i>	/ˈmæsɪv/	<i>On one hillside we see massive, luxurious houses and on the next hill, slums.</i>	gross
slum <i>n</i>	/slʌm/	<i>Millions of people live in slums without basic facilities.</i>	Slum
reinforce <i>v</i>	/ˌriːɪnˈfɔːs/	<i>They sell tops that look normal but are in fact bulletproof, made of reinforced Kevlar.</i>	verstärken
Islamic <i>adj</i>	/ɪzˈlæmɪk/	<i>The Museum of Islamic Art has a whole lot of pieces from Muslim times.</i>	islamisch
Muslim <i>adj</i>	/ˈmʊzləm/	<i>A mosque is where Muslim people go to worship.</i>	muslimisch
intact <i>adj</i>	/ɪnˈtækt/	<i>These walls are amazing – they're completely intact even after the war.</i>	intakt, unversehrt

FILE 10			
Useful words and phrases			
biologist <i>n</i>	/baɪˈɒlədʒɪst/	A biologist studies the structure of living organisms.	Biologe, Biologin
physicist <i>n</i>	/ˈfɪzɪsɪst/	A physicist is a scientist who studies physics.	Physiker(in)
geneticist <i>n</i>	/dʒəˈnetɪsɪst/	A geneticist is a scientist who studies genetics.	Genetiker(in)
discovery <i>n</i>	/dɪˈskʌvəri/	Archimedes made an important discovery in his bath.	Entdeckung
lab(oratory) <i>n</i>	/ləˈbɒrətəri/	Scientists carry out experiments in a laboratory .	Labor
side effect <i>n</i>	/ˈsaɪd ɪfekt/	Scientists have to do lots of tests into the possible side effects of new drugs.	Nebenwirkung
clinical trial <i>n</i>	/ˈklɪnɪkl ˈtraɪəl/	People can volunteer to be guinea pigs in clinical trials .	klinische Studie
acceptable <i>adj</i>	/əkˈseptəbl/	Do you think it is acceptable for animals to be used in experiments?	akzeptabel, annehmbar
inhale <i>v</i>	/ɪnˈheɪl/	To prove its safety he inhaled its vapour for a minute.	inhalieren
anaesthetic <i>n</i>	/ˌænəsˈθetɪk/	I was given an anaesthetic before my operation.	Anästhetikum, Narkosemittel
blood transfusion <i>n</i>	/ˈblʌd trænˈsfjuːʒn/	After she lost a lot of blood the doctors performed a blood transfusion .	Bluttransfusion
donor <i>n</i>	/ˈdəʊnə/	Hospitals need donors to give blood for operations.	Spender(in)
tuberculosis <i>n</i>	/tjuːˌbɜːkjuːˈləʊsɪs/	Tuberculosis is a serious infectious disease that affects the lungs.	Tuberkulose
disabled <i>adj</i>	/dɪsˈeɪbld/	He contracted polio at the age of 51 which left him disabled .	behindert
strangle <i>v</i>	/ˈstræŋɡl/	His invention caused his death when he was strangled by the ropes.	erdrosseln, erwürgen
polio <i>n</i>	/ˈpəʊliəʊ/	He contracted polio at the age of 51 which left him disabled.	Polio, Kinderlähmung
rope <i>n</i>	/rəʊp/	His invention caused his death when he was strangled by the ropes .	Seil
nuclear <i>adj</i>	/ˈnjuːkliə/	Nuclear power is one of the main sources of energy in some countries.	nuklear
radiation <i>n</i>	/ˌreɪdɪˈeɪʃn/	Nuclear power is associated with exposure to radiation .	Strahlung
solid <i>adj</i>	/ˈsɒlɪd/	Helium gas can be found in both liquid and solid form.	fest
acid <i>n</i>	/ˈæsɪd/	A diamond can be destroyed by either intense heat or acid .	Säure
leap (leapt, leapt) <i>v + n</i>	/liːp/	That's one small step for a man, one giant leap for mankind.	springen; Sprung
mankind <i>n</i>	/ˈmænˈkaɪnd/	Shamanism is the oldest healing method of mankind .	Menschheit
imprison <i>v</i>	/ɪmˈprɪzn/	Several suffragettes had been imprisoned for attacking policeman.	einsperren, inhaftieren
beforehand <i>adv</i>	/bɪˈfɔːhænd/	I intended it as a surprise so I didn't say anything beforehand .	zuvor
issue <i>n</i>	/ˈɪʃuː/	It's important to know about sensitive local issues .	Problem, Angelegenheit, Thema
be sick (and tired) (of)	/sɪk ən ˈtaɪəd/	I'm sick and tired of hearing you complain.	die Nase voll haben
		syn = to be fed up with	
bits and pieces	/bɪts ən piːsɪz/	I didn't buy much, just a few bits and pieces .	Krimskrams

now and again	/naʊ ən ə'geɪn/	I've been having headaches now and again .	gelegentlich
wait and see	/weɪt ən si:/	You'll have to wait and see what's for lunch.	abwarten
give and take	/ɡɪv ən teɪk/	Every relationship needs a bit of give and take .	Geben und Nehmen
ups and downs	/ʌps ən daʊnz/	We've had our ups and downs , but now we get on really well.	Höhen und Tiefen
law and order	/ləʊr ən ɔ:də/	The army were called in to restore law and order .	Recht und Ordnung
safe and sound	/seɪf ən saʊnd/	Despite flying through a storm we arrived safe and sound .	wohlbehalten
More words in File 10			
exquisitely adv	/ɪk'skwɪzɪtli/	We live in a society exquisitely dependent on science and technology.	äusserst
myth n	/mɪθ/	Often people think that things are scientific facts, but they are really myths .	Mythos
lightning n	/ˈlaɪtnɪŋ/	The tree was hit by lightning in the storm.	Blitz
cosmetics n pl	/kɒz'metɪks/	Are these experiments for medical research or for cosmetics testing?	Kosmetika
bumpy adj	/ˈbʌmpi/	He had a bumpy start to his career and was fired from many jobs.	holprig
		also: a bumpy crossing (by ship or ferry), a bumpy flight , a bumpy road/track	
various adj	/ˈveəriəs/	He had various jobs before becoming a chemist.	verschieden
invalid n	/ˈɪnvəlɪd/	The accident left him an invalid for the last two decades of his life.	Invalide, Invalidin
		adj = disabled invalid = ungültig; krank	
nitrogen n	/ˈnaɪtrədʒən/	During this time he also permanently damaged his eyes in a nitrogen trichloride explosion.	Stickstoff
lead n	/led/	Lead was added to petrol to make car engines less noisy.	Blei
additive n	/ˈædətɪv/	There were several deaths at the factory where the additive was produced.	Zusatz
vapour n	/ˈveɪpə/	He inhaled its vapour for a minute.	Dampf
toxic adj	/ˈtɒksɪk/	Toxic substances cause damage to the environment.	toxisch
all (of) the pron	/ɔ:l ðə/	I work hard all of the week.	der/die/das ganze
most of pron	/məʊst ɒv/	She's right most of the time.	der/die/das meiste
		!! Die meisten = most (of) and NOT: the most (of) !!	
any det, pron	/ˈeni/	Come any weekend!	irgendein-
none (of) pron	/nʌn/	Is there any food? No, none .	nichts, keiner von
		none = keiner von 2 or more neither of = keiner von 2	
either ... or det, pron	/ˈaɪðə/	Marie Curie wanted to study either physics or mathematics.	entweder ... oder
neither ... nor det, pron	/ˈneɪðə/	Neither Pierre nor Marie were aware of the dangers of radiation.	weder ... noch
stamina n	/ˈstæmɪnə/	My brother has neither the energy nor the stamina to run a marathon.	Ausdauer
electron n	/ɪˈlektɹɒn/	In direct current, the electrons move only in one direction.	Elektron
diamond n	/ˈdaɪəmənd/	A diamond can be destroyed by either intense heat or acid.	Diamant
astronaut n	/ˈæstrɒnɔ:t/	Before Neil Armstrong became an astronaut he worked for the navy.	Astronaut(in)
navy n	/ˈneɪvɪ/	Many countries have an army, air force, and navy .	Marine

autograph <i>n</i>	/ˈɔːtəgrɑːf/	Many people collect autographs of famous people.	Autogramm
lawsuit <i>n</i>	/ˈlɔːsuːt/	He filed a lawsuit against his record company.	Klage
		to file a lawsuit against = eine Klage einreichen gegen	
barber <i>n</i>	/ˈbɑːbə/	I get my hair cut by the same barber as my brother.	Friseur
flow <i>v</i>	/fləʊ/	The River Danube flows into the Black Sea.	fliessen
council <i>n</i>	/ˈkaʊnsəl/	People are complaining because the council have refused to build a new hospital.	Rat
volcano <i>n</i>	/vɒlˈkeɪnəʊ/	Mount Vesuvius is a volcano in south west Italy.	Vulkan
desert <i>n</i>	/ˈdezət/	Two passengers made the pilot land in the desert .	Wüste
suffragette <i>n</i>	/ˌsʌfrəˈdʒet/	Emmeline Pankhurst was the leader of the suffragette movement in 1913.	Frauenrechtlerin
railing <i>n</i>	/ˈreɪlɪŋ/	They were imprisoned for chaining themselves to railings outside the town hall.	Geländer
intolerable <i>adj</i>	/ɪnˈtɒlərəbl/	The mere thought of not seeing you anymore is intolerable .	unerträglich
means <i>n pl</i>	/miːnz/	He tries to get what he wants by any means .	Mittel
invasion <i>n</i>	/ɪnˈveɪʒn/	A German invasion of Britain was expected at any moment in 1940.	Invasion
defend <i>v</i>	/dɪˈfend/	We shall defend our island, whatever the cost may be.	verteidigen
surrender <i>v</i>	/səˈrendə/	We shall fight in the fields and in the streets and we shall never surrender .	sich ergeben
activist <i>n</i>	/ˈæktɪvɪst/	Nelson Mandela spent 27 years in jail for fighting against apartheid.	Aktivist(in)
apartheid <i>n</i>	/əˈpɑːteɪt/	Apartheid in South Africa gave white people more rights than others.	Apartheid
democratic <i>adj</i>	/ˌdeməˈkrætɪk/	I have always cherished the ideal of a democratic and free society.	demokratisch
harmony <i>n</i>	/ˈhɑːməni/	I have cherished the ideal of a society in which all the people live together in harmony .	Harmonie
obstacle <i>n</i>	/ˈɒbstəkl/	We will never give up, no matter what obstacles stand in our way.	Hürde, Hindernis
resist <i>v</i>	/rɪˈzɪst/	However long it takes, we will resist the enemy and we will never give up.	Widerstand leisten
distract <i>v</i>	/dɪˈstræktɪŋ/	There were too many distracting graphics. I couldn't concentrate.	ablenken
		adj = distracting noun = distraction	